



HealthyMindsPhilly.org

A website with your behavioral health in mind.

It's a **24/7** virtual resource connecting residents with services for behavioral health emergencies, screenings, trainings, events, and information on emotional wellness topics.



Mental Health Check Ups

Take an online, no-cost, private, and confidential screening 24/7.



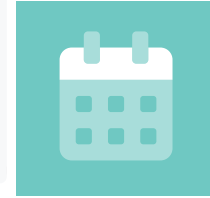
Training Courses

Sign up for Trainings for Mental Health First Aid, Certified Peer Specialist, Storytelling and more.



Events

Check our calendar for support groups, trainings, group therapy, webinars, workshops. Promote your community events and request support and resources.



Blog

Stress, sleep, anxiety, survivor support, depression, addiction, LBTQIA are examples of the many wellness topics covered.



Social Connection

Connect to someone with shared experiences via Live Chat.



"I find this site to be incredibly useful. Philadelphia needs this."

—Community member



For more information,
visit HealthyMindsPhilly.org

