BELIEFS

Self-determination and a 'everyday life' are for everyone. Everyone can make choices and should have control over their life.

Supports should be individualized.

VALUES

The most valued aspects of life are family, employment, health, friendship, spirituality, and loving relationships.

PRINCIPLES

To achieve the highest quality of life and provide supports and services that are self-directed, integrated, stigma-free, high quality, accessible, accountable, and individualized.

ABOUT US

We work with service providers to offer quality supports and services so that individuals will have choices in their lives, meaningful relationships, and participation in their community as valued citizens.

You will be treated with respect and all information shared is confidential.

LIFESHARING THROUGH FAMILY LIVING

PARTICIPATING AGENCIES

215-540-2150 ext. 1260
215-871-0731
ext. 112
610-399-1175
215-794-0800
484-472-5080
610-891-7095
215-386-3838 ex. 12724
833-919-2273
610-487-1582
888-647-0020
215-552-5079
610-644-1810
844-SPIN-CAN

ANNUAL EVENTS

Annual LifeSharing Networking and Resource Day takes place each summer. For event details, visit **DBHIDS.org/Lifeshare**.

ONLINE SERVICES



HealthyMindsPhilly.org Free, 24/7 online behavioral health screening, access to Mental Health First Aid trainings, and resources.



CBHPhilly.org Philadelphia's behavioral health managed care system for Medicaid recipients.

To learn more, visit DBHIDS.org. Follow us on social media @DBHIDS









The DBHIDS division of Intellectual disAbility Services is an administrative entity under contract with the Pennsylvania Department of Human Services to offer quality supports and services to residents with developmental disAbilities.



INTELLECTUAL DISABILITY AND AUTISM SERVICES

LifeSharing

Philadelphia's Department of Behavioral Health and Intellectual disAbility Services





WHAT IS LIFESHARING?

LifeSharing supports individuals with intellectual disabilities or autism to live with qualified adults who provide support in their home.

LifeSharing means living with and sharing life experiences with supportive persons who form a caring household.

LifeSharers and individuals are carefully matched and supported by qualified professionals to achieve the person's program objectives. Birth families are encouraged to be part of the matching process and continue to have close relationships with individuals who choose a LifeSharing option.

For more information, visit the Pennsylvania LifeSharing Coalition at **PaLifeSharing.com**

WHAT IS THE GOAL?

- Enhance the public's awareness and understanding of LifeSharing.
- Increase the number of LifeSharing homes.
- Increase the number of persons who select LifeSharing as their Everyday Lives option.
- Support the providers and individuals who are participating in LifeSharing.

HOW IS LIFESHARING FUNDED?

To select LifeSharing as an option, the participant must be approved for waiver funding. Approval is based on individual support plans and monitored by supports coordinators.

Up to two individuals with a disability can live in a LifeSharing home and be supported by ODP funding.

WHO IS LIFESHARING FOR?

- Adults and children who lose family supports.
- People considering a move to live away from family but require ongoing support in daily living.
- People considering a move from one residential program to another.
- Individuals aging out of the system who would like to live independently but need supervision.
- · Elderly individuals.
- Individuals who have psychiatric or behavioral issues.
- Medically frail individuals.

WHAT ARE THE BENEFITS?

For the individual:

- Individuals can choose where and with whom to live. This choice can include birth families or legal guardians.
- LifeSharing creates opportunities for people to live an "everyday life" with increased community participation.
- Greater independence and self-determination than may be achieved through traditional residential programs.

For the LifeSharer:

- Enriching their own lives through the maintenance of a loving household with close, family-style relationships.
- Support from IDS through training.
- Up to 30 days of substitute care per year if needed.

HOW TO GET STARTED

- Register with IDS to determine eligibility
- Select a Supports Coordination Organization (SCO)
- Develop an Individual Support Plan
- Request waiver services
- Work with the SCO to complete waiver eligibility paperwork and get a physical examination

Availability of LifeSharing is dependent on eligibility for waiver services and an available home.

CALL YOUR SUPPORTS COORDINATOR

If you are not registered call our registration team at 215-685-4677.

Everyone Deserves a Family

family • jobs • health • wellness friendships • spirituality loving relationships