PHILADELPHIA
DEPARTMENT OF BEHAVIORAL HEALTH AND INTELLECTUAL disABILITY SERVICES

POPULATION HEALTH APPROACH

Overview
By applying a population health approach, DBHIDS is taking a much broader view, seeking to improve the health status of all Philadelphians, not just those who experience stigma as a result of their intellectual disAbility and/or behavioral health challenge.

Population Health Approach
Within a population health approach, each tier has a specific goal. Resources are directed at providing effective care for those who are diagnosed, mitigating risk with early intervention services for those who are at risk, and keeping people healthy. Within our system of care, treatment and supports coordination are viewed as examples of the many resources needed for successful integration into the community.

Social Determinants of Health Framework
Poor health and health disparities do not result from medical causes alone. In fact, environment and lifestyle factors have seven times more impact on overall population wellness than health care (see pie chart below). A population health approach seeks to address these factors to reduce health disparities and safeguard everyone’s right to optimal health and self-determination.

Factors that Influence Health Status

- **HEALTH CARE**: 10%
- **ENVIRONMENT**: 19%
- **HUMAN BIOLOGY**: 20%
- **LIFESTYLE**: 51%
   - Smoking
   - Obesity
   - Stress
   - Nutrition
   - Blood Pressure
   - Alcohol
   - Drug Use

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Conceptual Principles
1. Working upstream (Earlier Intervention)
2. Broad set of strategies
3. Working with both at risk & health populations
4. Deliver health promotion interventions
5. Working in non-treatment settings
6. Health activation approaches and empowering others
7. Working at the community level of analysis

Population Health at DBHIDS

By providing excellent clinical care as well as community-level interventions and services, a population health approach helps to create a community in which every member—not just those who seek out behavioral health or intellectual disAbility services—can thrive.