



We are in this together!

Pandemic Wellness, Vaccine Information, and Reopening Plan

Over the past year, we have all experienced monumental changes due to the COVID-19. As we continue to adapt to virtual telehealth visits, virtual platforms, sickness, and unfortunately people passing on, we want to highlight and applaud your dedication and grace. Through our newsletter, we plan to provide additional tools that focus on wellness as the city reopens.

Additionally, we have provided the [City's Mask Up Campaign](#) information, the [Homebound Vaccination Program](#), and [Philadelphia's re-opening plan](#). We are all in this together!

During this time, our collective wellness is been extremely important as you and other frontline workers continue to serve the most vulnerable members of Philadelphia's community.

Staff Picks

[69 Top Self-Care Tips](#)

[Self-Care and at Home Wellness](#)

[Homebound Vaccination Program](#)

[Fully reopening Philadelphia](#)

DBHIDS Housing and Homeless Provider News

After many years, Paul Sachs, Vice President at Merakey will retire. On behalf of the Housing and Homeless unit, we want to take this opportunity to thank Paul for the tireless work for the programs and participants with significant behavioral health challenges in Merakey's portfolio. We want to wish Paul all the best in his new adventures, his passion, advocacy, and dedication will be missed. [Read more >>](#)

Hero's Corner

DBHIDS Homeless and Housing Unit will bring attention to providers and staff within our network who are our heroes. They make a huge difference for those we serve in the Philadelphia community! If you would like to recognize a colleague making a difference, please forward the submission to Cislyn.brown@phila.gov or Laura.jordan@phila.gov.

Our heroes are Ed Dover, Lead Outreach Worker with Project Home, and Monique Taylor, Special Initiatives Peer Case Aide with Project Home were honored as Essential Workers on May 19 by NAMI at the Center City Macy's. [Read more >>](#)



Participant Highlight

This is a space specifically designed to highlight the creative skills of the individuals living within our DBHIDS Housing and Homeless community. We continue to be moved and inspired by the talent of the individuals in the community. Email submissions to [Cislyn Brown](#) or [Laura Jordan](#).

[Click here to read Stephanie Whyte's poem, The Foundation of Love.](#)

Janney's Corner

DBHIDS Homeless and Housing unit created this space for people to lift up their colleagues, coworkers, and those everyday heroes and to highlight the moments of success and victory! We use this space as a memory of Sam Janney who inspired us all during his time in the DBHIDS Homeless Unit. Thank you, Stephanie Stackhouse and Maria Anies for sharing memories and pictures of Sam. [Click here to learn more about Sam and Janney's corner.](#)

[Janney's Corner Contribution](#)

Advocacy: Why it's important and how it impacts my care

Advocacy is the cornerstone of our physical and behavioral health care. Sharing our stories and experiences in a recovery-oriented way is powerful. Stories of resiliency, recovery, and overcoming challenging

experiences are a form of storytelling that can be used to persuade legislators, policymakers and other elected officials can influence policy change in the favor of much-needed services.

Here are some Story Telling resources to help develop an effective story to create change as well as advocacy alerts and information for voter registration!

Effective Story Telling Training with DBHIDS: To learn more about how to develop your story of resiliency and recovery, consider Story Telling Training.

For more information visit DBHIDS.org.

Signup for Legislative Alerts

Below are developed platforms to receive real-time action alerts with steps to contact your representatives. We encourage you to signup to become involved to create change using your story, and your experiences!

- [NAMI Advocacy Alerts](#): Use your voice to influence decision-makers in support of people with mental health conditions.
- [Vote for Homes](#): Get counted and mobilize voters with Project Home

The Transitions Integration and Partnerships Unit, as part of the city of Philadelphia Department of Behavioral Health and Intellectual disAbility Services, has planning and operational responsibility for homeless services and grant funded situations.

City of Philadelphia
DBHIDS
DEPARTMENT OF BEHAVIORAL HEALTH
and INTELLECTUAL disABILITY SERVICES

DBHIDS.ORG/TIP



For a calendar of DBHIDS events, visit DBHIDS.org/events.

For access to quality behavioral health services visit, CBHPhilly.org.

Need help planning and promoting an event/awareness day? [Start Here](#).

To request a Recovery Advocate's support or assistance [click here](#).

Take a behavioral health screening, register for Mental Health First Aid training or invite DBHIDS to a community event at HealthyMindsPhilly.org.