

## APPLIED BEHAVIOR ANALYSIS (ABA)

A treatment approach for children with Autism Spectrum Disorders (ASD)

# ASK FOR IT BY NAME: ABA

### ? What is ABA?

Applied Behavior Analysis is a treatment that works to decrease problem behaviors that prevent learning for children with ASD and other special needs. Caregivers learn to successfully manage challenging behaviors.

### 👤 Is ABA right for my family?\*

ABA helps caregivers interact with children who show behaviors such as:

- Nonverbal or trouble talking
- Repetitive interests or movement
- Difficulty with change or directions
- Long-lasting tantrums
- Have trouble staying safe

### After nine months of ABA\*\* children experienced:

- 95% made measurable progress
- 90% of children had reduced barriers to learning and decreased problem behaviors
- Less need for services over time



#### Caregiver Story:

"The best day was when my child called me 'Daddy' for the first time. My son is 7-years old. I don't think I would have ever heard him say that, if not for ABA."

#### Therapist Story:

"At first Will was biting and punching me. Now his aggression has significantly decreased and he is rocking his behavior programs!"

#### Behavioral Health Provider Story:

"ABA is so important for learners with special needs. I love being able to show parents that ABA is effective by looking at the child's data and graphs. It's so powerful when you can show that ABA changed a child's life!"

### Don't Miss Out!

Call CBH Member Services at 888-545-2600 and ask for ABA.

For more detailed information, visit [DBHIDS.org/EPIC](http://DBHIDS.org/EPIC).

\*In 2019, nearly 900 children began receiving ABA through DBHIDS Division of Community Behavioral Health ABA-designated providers.

\*\* The current evidence base for very young children with ASD is Naturalistic Developmental Behavioral Intervention (NDBI), which integrates developmental principles and ABA.

## THE EVIDENCE-BASED PRACTICE AND INNOVATION CENTER (EPIC)

Effective Practices that Support People with Behavioral Health Challenges

# EVIDENCE-BASED PRACTICES: EBP

### What are EBPs?

EBPs or Evidence-Based Practices are treatments supported by research that have been proven to help people thrive.

### Why are EBPs important?

Just as doctor's offices look for the best treatments for physical health concerns, we want to do the same for behavioral and mental health concerns. EBPs provide hope to families by offering the most effective treatments.

### Where can I find EBP providers?

Visit our website, [DBHIDS.org/EPIC](http://DBHIDS.org/EPIC) or call Member Services at 888-545-2600.



## Provider agencies offering Applied Behavior Analysis

in the Community Behavioral Health Network

- Allied Associates 215-242-0900
- Behavior Interventions, Inc. 484-681-2170
- Child Guidance Resource Centers 267-713-4100
- Children's Crisis Treatment Center 215-496-0707
- Devereux Community Based Services 610-431-8100
- Aveanna Healthcare 215-322-8860
- Intercommunity Action 215-487-1330
- Lovaas Institute for Early Intervention 856-616-9442
- Maternal Child Consortium- Warwick 267-525-7000
- NorthEast Treatment Centers 215\_451-7000
- Public Health Management Corp. 215-643-5400
- Gemma Services 267-297-5170
- Special People in the Northeast 215-612-7639