Numbers to Know
Places to Go

For more tips and resources for individuals, children, young adults, families, and communities, visit DBHIDS.ORG/BOOST

#HealthyMindsPhilly
#mindPHL

City of Philadelphia
DBHIDS
DEPARTMENT of BEHAVIORAL HEALTH and INTELLECTUAL DISABILITY SERVICES

Photo: Steve Weinik
The City of Philadelphia's Department of Behavioral Health and Intellectual disAbility Services offers resources, services, and advocacy through a strong partnership with a network of healthcare providers to help people, whether they are uninsured or under-insured, lead a fulfilling life in a supportive community free of stigma.

**HealthyMindsPhilly.org**
A friendly, no-cost resource to support the wellness of all Philadelphians. Features include 24/7 online behavioral health screening, access to Mental Health First Aid trainings, and comprehensive resources.

Philadelphia's comprehensive behavioral health managed care system for Medicaid recipients. CBH is a diverse and innovative organization that supports wellness, resiliency, and recovery for all Philadelphians.

Learn more about CBH at [CBHPhilly.org](http://CBHPhilly.org).

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**Substance Use Treatment**

- Community Behavioral Health* 888-545-2600
- Behavioral health services for Medicaid recipients
- Behavioral Health Special Initiative (BHSI) 215-546-1200
- Substance use services for those under and uninsured
- Council on Compulsive Gambling 800-848-1880
- Philadelphia Recovery Community Center 215-223-7700
- Supportive services in a community-based setting

**Mental Services**
- Mental Health First Aid Training 215-790-4996
- City Hall Connection, Philly311 311

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Mental Health Help During COVID-19
For more resources visit mindPHLtogether.com

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<th>Free Behavioral Health Screening</th>
<th>School District Counseling Services</th>
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<tr>
<td>CBH</td>
<td>Healthy Minds</td>
<td>Philly HopeLine</td>
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<td>888-545-2600 CBHPhilly.org</td>
<td>healthymindsphilly.org</td>
<td>833-PHL-HOPE 833-745-4673</td>
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<tr>
<td>CRISIS TEXT LINE</td>
<td>City of Philadelphia</td>
<td>DBHIDS ACCESS POINT</td>
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<tr>
<td>Text: HOME to 741741</td>
<td>DBHIDS 215-685-6440</td>
<td>844-533-8200 215-408-4987</td>
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<tr>
<td>DANI</td>
<td>800-273-8255</td>
<td>855-284-2494</td>
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<td>267-687-4381 non-emergency</td>
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