

# Numbers to Know Places to Go

**boost**  
**your**  
**mood**

For more tips and resources for individuals, children, young adults, families, and communities, visit [DBHIDS.ORG/BOOST](https://DBHIDS.ORG/BOOST)

City of Philadelphia  
 **DBHIDS**  
DEPARTMENT of BEHAVIORAL HEALTH  
and INTELLECTUAL disABILITY SERVICES

#HealthyMindsPhilly  
#mindPHL



Photo: Steve Weinik

The City of Philadelphia’s Department of Behavioral Health and Intellectual disAbility Services offers resources, services, and advocacy through a strong partnership with a network of healthcare providers to help people, whether they are uninsured or under-insured, lead a fulfilling life in a supportive community free of stigma.

## Phone Numbers

### Emergency Hotlines\*

National Suicide Prevention Lifeline Veterans dial 1	800-273-8255
Mental Health Crisis Line	215-685-6440
Child Protective Services	215-683-6100
Adult Protective Services	877-401-8835
Domestic Violence Hotline	866-723-3014
Homeless Outreach Hotline	215-232-1984

### Intellectual disAbility Services

Main office	215-685-5900
Emergency line	215-829-5709

### Substance Use Treatment

Community Behavioral Health* Behavioral health services for Medicaid recipients	888-545-2600
Behavioral Health Special Initiative (BHSI) Substance use services for those under and uninsured	215-546-1200
Council on Compulsive Gambling	800-848-1880
Philadelphia Recovery Community Center Supportive services in a community-based setting	215-223-7700

### More Services

Mental Health First Aid Training	215-790-4996
City Hall Connection, Philly311	311

\*Available 24 hours a day, 7 days a week

## 24-Hour Services

For immediate help, call **215-685-6440** or visit a **crisis response center** in your area:

**Friends Hospital**  
 4641 Roosevelt Blvd.  
 215-831-2600

**Hall Mercer**  
 234 S. 8th St.  
 215-829-5433

**Children’s Crisis Response Center**  
 3300 Henry Ave., Falls Center 2, Suite 3N  
 215-878-2600

**Einstein Medical Center**  
 5501 Old York Rd.  
 215-951-8300

**Episcopal Hospital**  
 100 E. Lehigh Ave.  
 215-707-2577

**NET Access Point** (Opioid Treatment)  
 499 N. 5th St.  
 844-533-8200

## Online Services



### HealthyMindsPhilly.org

A friendly, no-cost resource to support the wellness of all Philadelphians. Features include 24/7 online behavioral health screening, access to Mental Health First Aid trainings, and comprehensive resources.



Philadelphia’s comprehensive behavioral health managed care system for Medicaid recipients. CBH is a diverse and innovative organization that supports wellness, resiliency, and recovery for all Philadelphians.

Learn more about CBH at [CBHPhilly.org](http://CBHPhilly.org).

# Mental Health Help During COVID-19

For more resources visit [mindPHLtogether.com](http://mindPHLtogether.com)



## 24/7 Mental Health & Addiction Services



**888-545-2600**  
CBHPhilly.org

## Free Behavioral Health Screening



[healthymindsphilly.org](http://healthymindsphilly.org)

## School District Counseling Services



**833-PHL-HOPE**  
833-745-4673

## Crisis Text Line

**CRISIS TEXT LINE |**

**Text: HOME to 741741**

## 24/7 Crisis Hotline



**215-685-6440**

## 24/7 Opioid Treatment Support



ACCESS POINT

**844-533-8200**  
**215-408-4987**

## Mental Health Warm-line



**267-687-4381**  
non-emergency

## National Suicide Prevention Lifeline



**800-273-8255**

## 24/7 COVID-19 Helpline Referral & Support



**855-284-2494**

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