

DBHIDS Executive Directors Meeting

February 3, 2021

9:00 AM – 10:00 AM

Welcome Remarks -Dr. Jill Bowen

- Dr. Shoyinka and his team are your point of contact with DBHIDS regarding any inquires on the vaccine. If you have such questions, you may direct them to Kenny Solanke at Kehinde.Solanke@phila.gov.
- Dr. Bowen wanted to confirm our commitment to our provider network and our clients during this difficult time.

The TEC Vision: *Addressing Trauma, Achieving Equity, and Engaging Community*

-Dr. Jill Bowen

- This program layers on top of the P.A.C.E plan.
- Provides a lens to prioritize and focus on transformation initiatives.
- An e-mail went out a few days ago asking for your input.
- TEC vision addressing trauma, achieving equity, and engaging the community.

T - Addressing Trauma

- We need to understand what we mean by trauma -there can be many interpretations.
- Our definition: A single or collection of distressing experiences which result in challenges managing ones' spiritual, mental, and emotional well-being.
- Our goal is to transform our approach to be trauma informed and trauma mitigating.
- Addressing Systemic Trauma

E: Achieving Equity

- Goal Transform systems to reduce behavioral health disparities and promote racial equity amongst Black, Indigenous, and people of color (BIPOC).
 - Use an Equity focused lens.
 - Our charge is to intentionally address structural and institutional racism.

C: Engaging Communities

- Goals:
 - Shift services to be increasingly community-based.
 - Sustainment through integrating initiatives more fully into communities and neighborhoods.
- Engaging Communities
 - Leverage the wisdom of communities and experience of providers.
- Charge: Shift services from institutions into community settings.'

TEC Talks: DBHIDS has begun live interviews which will highlight and align existing efforts for TEC.

- They will be released monthly via social media and will include promotion and support from the Advisory Board subcommittee for Communications.

Transformation

- Let's put our TEC lens on and work to shift our systems away from trauma causing / adding situations. We want to remove that which negatively layers trauma on top of trauma and replace with those that positively mitigate against trauma.

CBH Updates

Dr. Faith Washington, CEO of CBH

- Alternate Payment Arrangement

- We will be reaching out to you on your APA status. If you are particularly below your normal funding levels, we will be informing you and addressing that with you.
- Disparity Lecture Series

The Disparities Lecture Series launched to raise the rigor for which DBHIDS and the CBH Provider Network think about and understand structural racism and health disparities. The series invites nationally renowned speakers to discuss systemic issues that must be addressed in order to improve healthcare for all individuals.

 - February 24, 2021, 1:00 PM – 2:15 PM: “Seeking Health Equity and Challenging Hopelessness” with Margarita Alegria, Ph.D., MA General Hospital & Harvard University
- March 9, 2021, 2:00 PM – 3:15 PM: “Early Language Environment in Philadelphia: Diagnosis and Intervention,” with Flavio Cunha, Ph.D., Rice University.
- SSDI Member Applications
 - Many of our members are applying for SSI benefits. Community Legal Services, has been a great partner in assisting members with their appeals where SSI disability has been denied.
 - We will need to have your assistance for CLS in their helping our members with SSI Applications. Reminder that members should be able to access their health records within 30 days upon completed authorization. We understand that there are potential staffing issues, but the HIPAA regulations on access to records has not changed.
 - We issued a provider notice last year on March 3, 2020.
- Provider Satisfaction Survey
 - Responses to the survey must be completed by February 12, 2021.
 - Complete as many sections as possible.
 - Provider Satisfaction Survey Link <https://www.surveymonkey.com/r/9CBCZ83>

Any questions, go to your provider representative.
Erin Maloney, Quality Improvement Specialist can answer any questions or assist with difficulties with the survey. You can reach her at erin.maloney@phila.gov.

ASAM Outpatient Transition (American Society of Addiction Medicine)

Dr. Donald Takivkoli, Deputy Medical Director, CBH

- Since 2019 we have been using the ASAM medical necessity criteria for substance use levels of care as mandated.
 - We believe there will be a cohort of providers who will provide the level of care, but we will likely go through a procurement process at a later date.
 - Performance standards were released last year, are being refined and will be redistributed.
 - ASAM Intensive Outpatient will go to an ASAM IOP Procurement.
 - PCPC IOP Providers and OP Providers will become ASAM Outpatient.
- ASAM 1.0 Outpatient Transition
 - Provider Performance Standards
 - Describe expectations for quality of care in outpatient substance use treatment delivery for adults whose treatment services are funded through Community Behavioral Health (CBH)
 - Articulate combination of best practices and requirements for outpatient substance use treatment programs
 - Offer a guide for providers to design and monitor their programs
 - Establishes metrics for monitoring quality of care
- Alternative Payment Arrangement (APA)
 - Transition all providers in this level of care away from the fee for service (FFS) reimbursement model

- Establishes minimum necessary services to receive payment while creating flexibility for individualized care
- Incentivizes performance for successful outcomes (Initiation and Engagement, MAT, Maintenance of Recovery)
- Hallmark of ASAM is individualized treatment and we hope providers can be innovative in care plans and we are hoping to develop incentives.
- ASAM Outpatient Highlights
 - Staffing
 - Medical and Psychiatric consultation available 24/7 by phone (should have MOU with CRC & ED).
 - Certified or licensed counselors (minimum one (1) CADC certified staff member per treatment site).
 - Physician with prescribing authority (or association with).
 - Training
 - Co-occurring capable (staff conducting assessments must be capable of assessing co-occurring conditions).
 - All staff should complete Mental Health First Aid.
 - Outpatient Groups
 - Maximum group size for group psychotherapy is 10 members.
 - Psychoeducation is not a billable service for this LOC.
 - Member Access
 - Requirement to provide treatment availability after 5PM and on weekends to accommodate members with schedules that preclude appointments during “business hours.”
- For further discussion, there is a Provider Forum scheduled on February 23, 2021.
 - These changes going live April 1, 2021. There will be technical assistance as well.
 - This is a great opportunity going forward.
 - DDAP is communicating more information and we will share the information as we get it.

Chief Medical Officer Updates

Dr. Sosunmolu Shoyinka, Chief Medical Officer

- Crisis 2.0 Updates
 - We have begun changes to the crisis system and is fully aligned with TEC
 - We are in the process of putting together an RFI
 - Expanding the Mobile Crisis Teams, adding Co-responders Teams and establishing Mental Health Urgent Care.
 - The RFI is to solicit information and input from the community and other stakeholders

Planning Innovation

Roland Lamb, Deputy Commissioner

PI is planning a series of events (can be found on website). All of these are free and virtual.

- First Person Arts: Anthology, Witness vol. 1, February 11th - 20th
 - “A festival is a finite amount of time; an anthology is a celebration of the stories that fill our lives all year round.”
- Beyond Numbness and Anger. Thursday, February 4, 2021, 7:00 PM – 8:30 PM.
 - Moving towards wellness. We are looking at moving beyond the anger and healing -particularly noting what has happened during the past year: COVID, violence, unrest.
- “My Body is a Confederate Monument,” Thursday, February 18, 2021 at 7:00 PM.

- We are re-airing “My Body is a Confederate Monument,” which received international attention in the movement to dismantle systemic racism because it exposed both the race- and gender-based violence perpetrated against Black women in the United States of America.
- In addition to Ms. Randall Williams, this FREE event will also feature a conversation with four panelists including Trapeta Mayson, Philadelphia’s Poet Laureate, musical artist Ursula Rucker, Marangeli Mejia-Rabell, Co-Founder of AfroTaino.event, and the incomparable Sonia Sanchez.
- #Us Five Voices. One Moment: Love in the Heart of the City.
 - Provides a window into the hearts and minds of men of color living in several of Philadelphia’s “arterial” corridors and neighborhoods.
 - This deep dive shows how the 1-2 punch of the pandemic and protests over police-involved homicides have impacted their emotional health and overall well-being. We invite you to join #US as we explore “Love in the Heart of the City”. Hosted by Gabe Bryant, produced by Stephanie Renée.
 - The pod cast from Feb 15-19 -looking into the souls of African American males.

Language Access

Sarong Song, Director of Immigrant/Refugee Affairs and Language Access Services

Language access requirements are not new.

- It is a Federal program under Title VI of the 1964 Civil Rights Act which prohibits discrimination based on national origin.
 - Many federal programs, states, and localities also have provisions requiring language services for limited-English proficient (LEP) individuals.
 - In 2015 the Home Rule Charter Amendment 8-600 on Language Access law was passed to require all City departments, offices, boards, and commissions to have language access plans and annual reports. It was expanded in 2019 to cover contractors and grantees providing services on behalf of the City.
- DBHIDS Language Access Plan
 - During the last five years we have developed our program for the workforce:
 - Development and implementation of Language Access Protocol.
 - Language access training (in person/e-learning course).
 - Service plan (interpretation and translation) and annual report.
- Provider Workforce -2021
 - Language access memo and dissemination.
 - Active monitoring to ensure language access for LEP residents who are uninsured or covered by Medicaid.
 - Collecting data and information for services provided by contractors and grantees
 - Opportunities to learn more about language access via in person/e-learning courses
- You may contact the Planning Innovation, Division of Diversity, Equity, and Inclusion (DEI) Team:
 - DBHIDS.Diversity-Inclusion@phila.gov
 - DBHIDS.org/DEI

Questions and Answers in the Chat

From Diane Kiddy to Everyone: 09:48 AM

Dr. Washington, Can you repeat what you said about APA in 3rd Q if providers have submitted billings less than 50% of APA?

[Response] Dr. Washington to Everyone: APA stays as is through 2nd quarter. We will do claims analysis and if you are showing APA under 50%, we will be reaching out to you to discuss and help with a sustainability plan.

From Jeff Wilush to Everyone: 09:51 AM

Are the APA's intended to be final revenue for providers or are they subject to reduction or increase retroactively? We need to inform auditors about this issue.

[Response] From Robert Bickford:

It is not our intent to retroactively increase or decrease the APA. They can have their auditors contact me directly if they would like.

Closing

Betty Andl-Petro

- Thank you for extending the APA it has been such a help to the providers during the pandemic.

Dr. Jill Bowen

- Thanked everyone for attending.

Next Executive Directors' Meeting is scheduled for Wednesday, April 7, 2021 at 9:00 AM via Zoom.

Minutes Prepared by Jay Peterson