Welcome

Dr. Jill Bowen, Commissioner
Trauma Equity Community (TEC)

Jill Bowen, PhD
Commissioner
TEC Vision: Addressing Trauma, Achieving Equity, and Engaging Community

Layers on top of our Strategic Plan, P.A.C.E.
Provides a lens to prioritize and focus on transformation initiatives
**T: Addressing Trauma**

Understanding what we mean by trauma

**Definition:** A single or collection of distressing experiences which result in challenges managing one’s spiritual, mental, and emotional well-being

**Goal:** Transform operations to be trauma-informed and trauma-mitigating
## Addressing Systemic Trauma

**Charge:** Reduce traumatic experiences within systems

- Use a trauma-informed lens
- Evaluate systems throughout the continuum: Identify processes and practices that multiply traumas
- Change processes/practices to be trauma-responsive, trauma-informed, and trauma-mitigating
- Shift systems to be trauma-reducing
T: Trauma Example

**KidsPeace Children’s Hospital**

- Utilizes a Trauma Assessment titled Trauma History Questionnaire
- All KidsPeace Children’s Hospital Associates are trained in UKERU
- Ukeru (the Japanese word for “receive”) is a safe, comforting and restraint-free crisis management technique developed by and for behavioral health caregivers and educators
E: Achieving Equity

**Definition:** Equity: The centering of creating opportunities and changes to a space or system so that marginalization doesn't unjustly predict one's success, and ultimately improves outcomes for all.

**Goal:** Transform systems to reduce behavioral health disparities and promote racial equity amongst Black, Indigenous, and people of color (BIPOC).
## E: Achieving Equity

### Addressing Equity

<table>
<thead>
<tr>
<th>Use an equity-focused lens</th>
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<tr>
<td><strong>Charge</strong>: Intentionally address structural and institutional racism</td>
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Evaluate systems throughout the continuum: Identify processes and practices that facilitate disparities

Shift systems to *achieve equity*
## E: Equity Example

**Carson Valley Children’s Aid (CVCA)**

In July 2020 the CEO began a series of all staff forums called **CVCA Conversations** to raise awareness about systemic racism and transform organizational culture.

**Topics:** institutional racism, implicit bias training, legislative priorities related to eliminating racism, microaggressions, racial health disparities, and self-care.

As a result of the **CVCA Conversations** an “Inclusion Council” will be appointed. The council will formalize a plan to survey the CVCA climate and begin to identify inequities to be resolved. The council will also advise the CEO on future topics and speakers for monthly conversations.
**C: Engaging Communities**

**Definition:** Community: Any group of people with the same affiliation and impacted by the same experience (i.e., workplace, schools, social groups)

Community: A feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals

**Transform systems to engage, empower, and integrate community**

**Goal:** Shift services to be increasingly community-based

**Goal:** Sustainment through integrating initiatives more fully into communities and neighborhoods
Engaging Communities

Leverage the wisdom of communities and the experience of providers

Use a community-first lens

**Charge:**
Shift services from institutions into community settings
**C: Community Example**

**JEVS Human Services: Making Hope Happen**

A collaborative partnership among JEVS Community Integrated Recovery Center (CIRC), JEVS Looking Forward Philadelphia Reentry Program, and Sunday Breakfast Rescue Mission

- Provides people with a history of justice involvement who are living in emergency or transitional housing with mental and behavioral health supports and employment services.

- Services are designed to meet participants where they are in their individual recovery journeys, and to foster connections within the community that participants need to take their next steps towards achieving their goals.
TEC TALKS

- Live video interviews, highlighting and aligning existing TEC efforts
- Released monthly via social media
- Promotion and Support from Communications Subcommittee of the DBHIDS Advisory Board
Transformation

Using a TEC Lens to transform a negative score to a positive score by shifting and removing processes and practices that *negatively layer on top of trauma* with those that *positively mitigate against trauma*
Thank You
CBH Updates

Dr. Faith Dyson-Washington

Dr. Don Tavakoli
APA UPDATES
Seeking Health Equity and Challenging Hopelessness
Margarita Alegria, PhD
Massachusetts General Hospital and Harvard University
Wednesday, February 24, 2021
1:00 p.m. to 2:15 p.m.

Early Language Environment in Philadelphia: Diagnosis and Intervention
Flavio Cunha, PhD
Rice University
Tuesday, March 9, 2021
2:00 p.m. to 3:15 p.m.
Community Legal Services assists members with their appeals where SSI disability has been denied.

CLS needs cooperation from our Provider Network to be successful for our members.

COVID-19 has impacted staffing however, HIPAA’s requirement to allow Members to access their records has not changed.

Reported issues with being able to access records, that in some cases, they have been waiting more than 60 days – this will cause individuals to lose their benefits.

Community Behavioral Health: Provider Notice  Provision of Treatment Records in SSI Disability Cases on March 3, 2020
Soliciting feedback from Executive Leadership and relevant staff regarding the interactions CBH has had with your agency over the past year.

Responses to this survey must be completed by **February 12th, 2021**.

The survey begins with questions that focus on your satisfaction with CBH as a whole and then progresses to more specific, departmental questions.

We would like your organization to complete as many relevant sections as possible.
Respondents may complete the Provider Satisfaction Survey in its entirety or choose to answer the section(s) of the survey that are most relevant to them.

Some organizations will assign staff to independently complete appropriate sections, others may elect to work collaboratively and generate a single, comprehensive response.

Survey available online at www.surveymonkey.com/r/9CBCZ83 or a PDF of all questions is available upon request.

Erin Maloney, Quality Improvement Specialist, at erin.maloney@phila.gov can answer any questions or assist with technical difficulties in completing the survey.
ASAM Transition

- As of January 1, 2019, Pennsylvania transitioned to ASAM Medical Necessity Criteria for Substance Use Levels of Care

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<tr>
<th>PENNSYLVANIA CLIENT PLACEMENT CRITERIA (PCPC)</th>
<th>AMERICAN SOCIETY OF ADDICTION MEDICINE (ASAM)</th>
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- CBH now uses the ASAM Medical Necessity Criteria for Utilization Management
- To fully implement ASAM across the CBH provider network, providers must be aligned with the appropriate Level of Care (LOC) under the ASAM criteria
ASAM Outpatient Transition

ASAM Intensive Outpatient

PCPC IOP Providers

PCPC OP Providers

ASAM IOP Procurement

ASAM Outpatient
ASAM 1.0 (Outpatient) Transition

Provider Performance Standards

• Describe expectations for quality of care in outpatient substance use treatment delivery for adults whose treatment services are funded through Community Behavioral Health (CBH)

• Articulate combination of best practices and requirements for outpatient substance use treatment programs

• Offer a guide for providers to design and monitor their programs

• Establishes metrics for monitoring quality of care
ASAM 1.0 (Outpatient) Transition

Alternative Payment Arrangement (APA)

- Transition all providers in this level of care away from the fee for service (FFS) reimbursement model
- Establishes minimum necessary services to receive payment while creating flexibility for individualized care
- Incentivizes performance for successful outcomes (Initiation and Engagement, MAT, Maintenance of Recovery)
## ASAM Outpatient (OP) Highlights

### Setting
- DDAP License for Outpatient treatment

### Staffing
- Medical and Psychiatric consultation available 24/7 by phone *(should have MOU with CRC & ED)*.
- Certified or licensed counselors *(minimum one (1) CADC certified staff member per treatment site)*.
- Physician with prescribing authority *(or association with)*.

### Training
- Co-occurring capable *(staff conducting assessments must be capable of assessing co-occurring conditions)*.
- All staff should complete Mental Health First Aid.
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<th>ASAM Outpatient (OP) Highlights</th>
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<td><strong>Clinical</strong></td>
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<td>Fewer than 9 hours of clinical contact hours per week</td>
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<td><strong>Outpatient Groups</strong></td>
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<td>Maximum group size for group psychotherapy is 10 members. Psychoeducation is not a billable service for this LOC.</td>
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<td><strong>Member Access</strong></td>
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<td>Requirement to provide treatment availability after 5PM and on weekends to accommodate members with schedules that preclude appointments during “business hours.”</td>
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Chief Medical Officer Updates

Dr. Sosunmolu Shoyinka, CMO
Crisis 2.0 Updates

• Request for Information (RFI) process.
Planning Innovation

Roland Lamb, Deputy Commissioner
"A festival is a finite amount of time - an anthology is a celebration of the stories that fill our lives all year round."
Beyond Numbness and Anger

In conversation with co-hosts Dr. Jean Wright and Gabriel Bryant, we'll discuss ways to move past numbness and anger toward wellness. The event is sponsored by The City of Philadelphia Department of Behavioral Health & Intellectual disAbility Services' Engaging Males of Color (EMOC) initiative in collaboration with First Person Arts.

Join us for this rare, authentic moment when four males of color: Ali Siddiq and Che Guerrero, Dr. Neil Bardhan, and Activist Edwin Desamour talk about the true experiences that lead to these and other feelings.

Thursday, February 04, 2021
7:00 PM - 8:30 PM
FREE EVENT

TICKET LINK
Thursday, February 18, 2021 at 7:00 PM – FREE Event

My Body is a Monument: An evening with Caroline Randall Williams and a special appearance by Sonia Sanchez

My Body is a Confederate Monument,” received international attention in the movement to dismantle systemic racism because it exposed both the race- and gender-based violence perpetrated against Black women in the United States of America.

In addition to Ms. Randall Williams, this FREE event will also feature a conversation with four panelists including Trapeta Mayson, Philadelphia’s Poet Laureate, musical artist Ursula Rucker, Marangeli Mejia-Rabell, Co-Founder of AfroTaino.event, and the incomparable Sonia Sanchez.

TICKET LINK
Love in the Heart of the City” provides a window into the hearts and minds of men of color living in several of Philadelphia’s “arterial” corridors and neighborhoods.

This deep dive shows how the 1-2 punch of the pandemic and protests over police-involved homicides have impacted their emotional health and overall well-being. We invite you to join #US as we explore “Love in the Heart of the City”. Hosted by Gabe Bryant, produced by Stephanie Renée.

TICKET LINK
Federal obligations to provide language access

Title VI

There are existing federal laws applicable to language access that include Title VI of the Civil Rights Act of 1964, which prohibit discrimination based on national origin.

Many federal programs, states, and localities also have provisions requiring language services for limited-English proficient (LEP) individuals.
Local Laws

Home Rule Charter Amendment 8-600 on Language Access was passed in 2015 which now requires that all city departments, offices, boards and commissions have a(n):
- Language Access Plan
- Annual Report

In 2019 the requirements were expanded to include contractors and grantees providing services on behalf of the City.
DBHIDS Language Access Plan

**DBHIDS Workforce**

- Development and implementation of Language Access Protocol
- Language access training (in person/e-learning course)
- Service plan (interpretation and translation) and annual report

**Provider Workforce (2021)**

- Language access memo and dissemination
- Active monitoring to ensure language access for LEP residents who are uninsured or covered by Medicaid
- Collecting data and information for services provided by contractors and grantees
- Opportunities to learn more about language access via In person/e-learning courses
Thank you!

Planning Innovation Division
Diversity, Equity & Inclusion (DEI) Team

DBHIDS.Diversity-Inclusion@phila.gov
DBHIDS.org/DEI
• Closing Remarks by Dr. Jill Bowen

• Next Meeting: Wednesday, April 7, 2021 at 9:00 AM
Thank you for joining us!

To be added to the Executive Director’s distribution list for this meeting, please send your contact information to:
James.Peterson@phila.gov