

Faith & Spiritual Affairs

80%
OF PEOPLE **COPE**
WITH MEDICAL SYMPTOMS
AND DAILY CHALLENGES
THROUGH **RELIGION**

1 IN 5 PEOPLE HAVE
FAMILY MEMBERS
STRUGGLING WITH
MENTAL HEALTH
CHALLENGES

A **MAJORITY** OF
INDIVIDUALS EXPERIENCING A
MENTAL HEALTH
CHALLENGE GO TO A
SPIRITUAL LEADER
FIRST FOR HELP

1st*

ABOUT US



The vision of DBHIDS' Faith and Spiritual Affairs (FSA) Unit is to achieve optimal health and well-being for all faith and spiritual communities. FSA is dedicated to:

- enhancing understanding of behavioral health conditions,
- reducing the stigma associated with behavioral health challenges,
- promoting inclusion and connectedness in one's community, and
- aiding in the integration of spirituality into behavioral health care and treatment.

EDUCATION, INFORMATION & ENGAGEMENT



Using a population health approach, FSA partners and collaborates with faith and spiritual organizations, city agencies, providers, stakeholders, people of faith, and others to develop and implement ways to improve behavioral health and overall wellness within communities. Some of the ways FSA accomplishes this is by providing:

- Evidence-based trainings
- Educational workshops
- An annual conference
- Behavioral health resources and programs
- Virtual Outreach
- Healing & Hope Series

CONNECT



DBHIDS.org/FSA



FaithPHL1



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ADVISORY BOARD

Samantha Grannum, Manager; Frank A. James, III, PhD, Chairman; Jack Trieu, Co-Chair
For the full list of board members visit, DBHIDS.org/FSA.

Photo: Steve Weinik



DBHIDS offers resources, services, and advocacy through a network of mental health and addiction treatment providers to help create a Philadelphia where every resident can thrive. For more information visit DBHIDS.org or call 215-685-5400.

*Sources:

- Ayvaci MD, E. R., MD (April 19, 2017). Religious Barriers to Mental Healthcare, American Journal of Psychiatry Residents' Journal
- Mental Illness Among Adults, National Alliance on Mental Illness.(2015)
- Mental Health: A Guide for Faith Leaders, American Psychiatric Association Foundation. (2015)