



DBHIDS

# Executive Directors Meeting

December 4, 2019

City of Philadelphia



**DBHIDS**

DEPARTMENT of BEHAVIORAL HEALTH  
and INTELLECTUAL disABILITY SERVICES



# Welcome

David T. Jones, Commissioner

City of Philadelphia

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# Commissioner's Announcements



Siting/Development 101



FY21 Operating Budget



# Community Behavioral Health (CBH) Updates

City of Philadelphia



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# CBH Organizational Updates

Interim Chief Executive Officer – **Donna Bailey**

Interim Chief Medical Officer – **Dr. Chris Tjoa**

Deputy Chief Clinical Officer – *Children's Services* – **Dr. Tamra Williams**

Interim Deputy Chief Medical Officer – *Adult Services* – **Dr. Donald Tavakoli**




# CBH Updates

- City Controller's Audit Update
- Ask For It By Name
- 2018 Annual Report

## ASK FOR IT BY NAME: ABA

Applied Behavior Analysis

The single most effective treatment approach for children with autism spectrum disorders (ASD)



**What is ABA?**

ABA is considered the "gold standard" in treatment for children with ASD and is effective for learners with other special needs. Compared to interventions like WPPSI-TIII, ABA is supported by over 50 years of research. ABA helps significantly decrease the most problematic behaviors, increasing quality of life for you and your child. Every intervention is designed to increase skills and behaviors that are not yet developed, decrease problematic behaviors that interfere with learning, and teach caregivers how to successfully manage challenging behaviors. Every ABA program includes skills that is backed so you and your child can see progress!

**Is ABA right for my child?**

Does your child have:

- ASD or other neurodevelopmental diagnosis
- Trouble talking or is nonverbal
- Repetitive movements, rocking, flapping
- Rigid and repetitive interests
- Difficulty dealing with change
- Difficulty following directions
- Have trouble staying safe
- A habit of wandering off
- Difficulty waiting or being "held back"
- Tantrums that last a long time

Provider's View:	ABA Therapist View:	Caregiver stories:
<p>ABA is so important for learners with special needs, especially those on the spectrum. I love being able to show parents that ABA is effective by looking at the child's data and graphs. From step by step to how to another, it's so powerful when you can show that ABA changed a child's life!</p>	<p>Tony has increased responding on his communication device from 0% to 80% over the last year! He is now working on 20 word requests. Tony usually has a seizure, even though he can't speak.</p> <p>When I first started with WIE, he was crawling, sitting, and pinching eye. His aggressive has significantly decreased and he is enjoying the verbal behavior program!</p>	<p>The first day was when my child called me "Mama" for the first time. My son is 7 years old. I don't think I would have ever heard from my 18m old son for ABA.</p> <p>He used to cry on the floor during every transition to getting up. The first time his nose was called.</p> <p>ABA has taught us how to teach our daughter new things, and to handle certain situations, we are now able to respond better.</p>

In 2018, nearly 500 children began receiving ABA through CBH-designated providers. In one group of children who received an average of 9-months of ABA, they experienced these benefits:

- 91% of children made measurable progress, with increases from 54% on a common skills assessment
- Children with the lowest initial skills scores made the most progress

- 61% of children had reduced barriers to learning and decreased behaviors
- Less need for supports overtime

**Don't Miss Out! Ask for ABA by name by calling CBH Member Services at 888-545-2600. For more detailed information, visit [DBHIDS.org/EPIC](http://DBHIDS.org/EPIC)**

## 2018 Annual Report: Philadelphia Behavioral HealthChoices Program

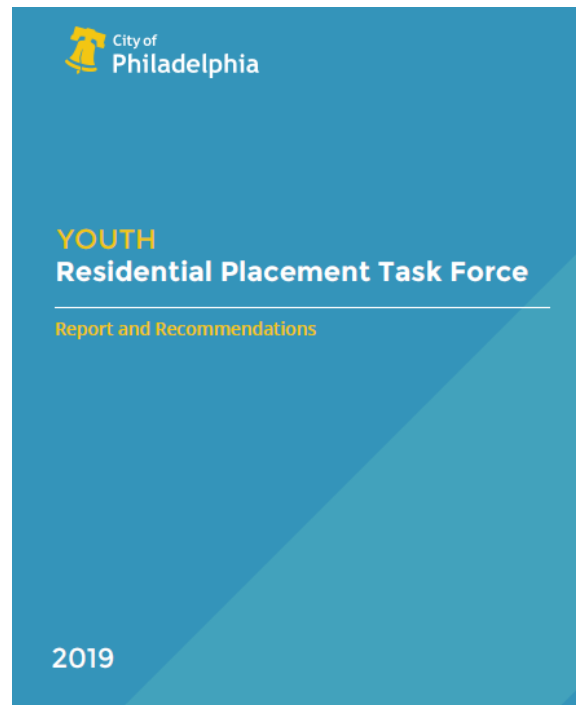




# Youth Residential Placement Task Force

Youth Residential Placement Task Force Report and  
Recommendations Released on 11/26/2019

[https://www.phila.gov/hhs/PDF/FINAL%20YRPTF%20report\\_web\\_2019.pdf](https://www.phila.gov/hhs/PDF/FINAL%20YRPTF%20report_web_2019.pdf)






# Value-based Purchasing (VBP) Technical Assistance (TA)

Health Management Associates (HMA) will provide TA to the CBH provider network around readiness for VBP.

## **Part 1 of the TA: completion of online assessment for readiness to engage in VBP:**

- Providers will be unable to access other parts of the TA without completion of assessment
  - Assessment takes approximately **4 hours** to complete and should be completed together with staff from across the agency
  - Providers have until **December 15<sup>th</sup>** to complete the assessment and will receive a detailed report of results from HMA after completion
  - To access assessment: <https://www.healthmanagement.com/vbp-tool-acceptance-form/>
  - Questions? Contact Suzanne Daub: [sdaub@healthmanagement.com](mailto:sdaub@healthmanagement.com)
- 



# Value-based Purchasing (VBP) Technical Assistance (TA)

Next TA webinar: **Tues, December 17** from **12:00pm – 1:00pm** on the topic of Partnership Strategies to Prepare for VBP

Link to register will be sent via CBH news. Contact Susanna Kramer: [susanna.kramer@phila.gov](mailto:susanna.kramer@phila.gov) with questions.






# Provider Shout Out: JJPI

- Received an Office of Juvenile Justice and Delinquency Prevention (OJJDP) Funding Award
- 3-year grant for *"Strengthening Interventions in Philadelphia for Adolescent Sex Offenders and Youth with Sexual Behavior Problems"*

## **The project has three primary goals:**

1. Expand the availability of evidence-based interventions for individuals with demonstrated problem sexual behavior
  2. Re-establish JJPI's school-based screening program (SSP)
  3. Convene a coalition/workgroup
- 



# Reminder: All Outpatient Providers are Expected to be Tobacco-Free as of **January 1, 2020**

## Programs Impacted by this Change:

- Mental Health Outpatient Programs
- Drug and Alcohol Outpatient Programs
- Mental Health and Drug and Alcohol Outpatient Programs
- Community Integrated Recovery Centers (CIRC)
- Mental Health Partial Hospitalization Programs
- Drug and Alcohol Partial Hospitalization Programs

## Integrate Tobacco Dependence Treatment into Programs:

- Screening for Tobacco Use
- Counseling
- Pharmacotherapy – Nicotine Replacement Therapy

## Support:

- [Brooke.Stello@phila.gov](mailto:Brooke.Stello@phila.gov)
- [Carol.Larach@phila.gov](mailto:Carol.Larach@phila.gov)





# ASAM Implementation PHASE 1

- PA transitioned from the Pennsylvania Client Placement Criteria (PCPC) to the ASAM Medical Necessity Criteria on **January 1, 2019**.
- Over 1,200 CBH and provider staff in Philadelphia County have received ASAM training.
- CBH will host a provider forum for in-network outpatient substance use providers on Tuesday, **January 14, 2020 from 1:00pm - 4:00pm**.
- The following topics will be discussed at the forum:
  - Updates to standards for outpatient substance use providers.
  - Forecast changes to the fee for service reimbursement model.
  - Training resources available to providers to assist in the ASAM transition.






# Division of the Chief Medical Officer

Dr. Sosunmolu Shoyinka  
Chief Medical Officer, DBHIDS

City of Philadelphia

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# Philadelphia Community Psychiatry Survey

## Findings and Recommendations

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# General Feedback

Conducted interviews with three psychiatrists within the system



## Key Feedback

Training opportunities related to SUD have been beneficial.

Medical Directors' meetings held by previous CMO are needed.

Concern was expressed regarding interest from psychiatric community in training from DBHIDS.

Topics such as Trauma, Recovery & Opioid were seen as passing "trends" or "buzz words".

Concern regarding availability for full day events (resourcing time away).

# Considerations

- Who is the new face of psychiatry?
  - Who are the psychiatrists entering the field? Are we inclusive of them where training and education is considered?
  - Concern expressed regarding having the same voices heard repeatedly. Most events seem to engage what was referred to as the “old guard”.
- Consultation opportunity?
  - Peg Minehart, CMO that retired in 2015
- Who is a community psychiatrist?
  - Residents choosing to be community-based vs those who are only able to secure positions as community-based psychiatrists.
  - How do we reach this crowd?

# Topics of Interest

## Trauma-Informed Care

- Methods for tailoring treatment to individuals; learning to infuse TIC into behavioral health teams and organizations;
- Using TIC language and organizational approach.
- Trauma as a barrier to treatment

## Recovery-Oriented Care

- Revitalization of training topics and programs
- Discussion of Recovery Principles with all behavioral health staff

## Policy

- Updates and status of policies, implementation strategies, and new directions
- New reimbursement models, integrated care (best practices), Implementation Policies, Taskforce and Implementation Updates, updates from Commissioner of Health.

# Key Recommendations

## Reinvigoration of the quarterly meetings.

- Forums for discussion and to learn about system changes.
- Focus on providing support and guidance for leadership.

## Develop engagement strategies for incoming community- based psychiatrists.

- Concern related to the disconnect between some psychiatrists and messaging to medical directors.
- Working and engaging with psychiatry residency schools.

## Develop contact list of all psychiatrists in CBH-contracted provider agencies.

- Missed opportunities to connect with psychiatrists across the system.
- Training and collaboration opportunities.

## Flexibility of learning opportunities and forums

- Offer CME's for morning/afternoon sessions.
- Include webinars to add flexibility and opportunity to participate
- Ability to commit to half a day of training instead of a full day



# Vine Street Updates

Sandy Vasko,  
Director of Behavioral Health

City of Philadelphia



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# Angels in Motion (AIM)

Carol Rostucher

City of Philadelphia



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# ACCESS TO TREATMENT SERVICES



Treatment Barriers



Wait Time



Customer Service



# Innovation

## Intercommunity Action PriCARE

Jodi Silverman, LCSW  
Vice President for Behavioral Health

Rosemarie Kamal, LCSW, MFT  
Children's Outpatient Clinical  
Supervisor

City of Philadelphia



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What's  
new for  
families at  
Interact?



Evidence  
Based  
Treatments for  
Children

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PriCare  
Newest Initiative Aug 2019

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PCIT  
Parent-Child Interaction Therapy

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TF-CBT  
Outpatient and School Sites

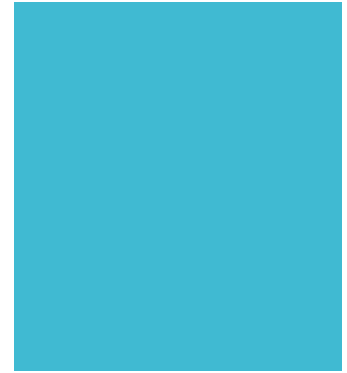
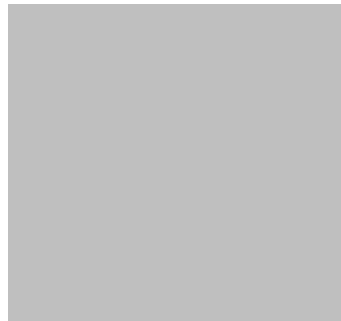
# PriCARE

6 - week parenting skills group  
for caregivers of children ages  
2-7 with disruptive behavior

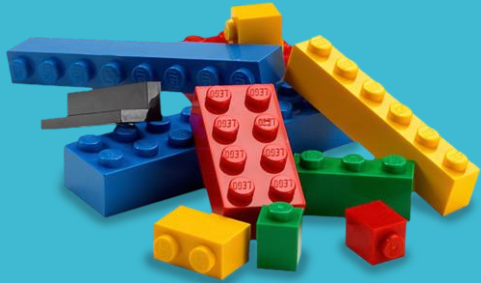
Appropriate for parents,  
kinship care providers, foster  
parents

Trauma-informed

Based on attachment  
and behavioral principles



# PriCARE Goals



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Relationship enhancement

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Trauma-informed behavior  
management

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Support and connection with  
other caregivers

Child is the  
identified  
client but only  
caregivers  
attend



Supported by  
research to reduce  
disruptive child  
behaviors



PriCARE is a  
relative of...



**PCIT**

(Parent-Child Interaction  
Therapy)

# What is PCIT?

Goal of high levels of caregiver warmth and behavioral control

Skills-based

12-20 sessions

Live coaching through one-way mirror

Weekly tracking of progress

High effectiveness in reducing disruptive child behaviors



# TF-CBT at Interact

10 TF-CBT therapists

Offered at Greenridge  
Counseling Center

Offered at 8 school  
satellites

Shawmont

Dobson

Mifflin

Cook-Wissahickon

Steel

Mastery/Wister

MLK High

Belmont Charter



This Photo by Unknown author is licensed under [CC BY-SA](#).

The slide features a teal background with a white sans-serif font. A vertical grey bar is on the left side. The text 'Thank you!' is centered in the teal area.

Thank you!



# Farewell Joan L. Erney

DBHIDS Executive Management Team

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*Farewell*  
*Joan L. Erney*





# *Farewell*

## *Joan L. Erney*

