



*Members of the Mayor's Commission on Addiction and Recovery have dedicated their time and energy to supporting the City of Philadelphia's work to serve those dealing with substance misuse.*

## **Celebrating Recovery and Those Who Make a Difference**

On Wednesday, June 6, the Mayor's Commission on Addiction and Recovery, in conjunction with the Department of Behavioral Health and Intellectual Disability Services (DBHIDS), hosted the 21<sup>st</sup> annual Making a Difference Dinner at the Hilton Philadelphia City Avenue. More than 600 guests attended the event where individuals and organizations were recognized for the work they do to support those whose lives have been impacted by substance misuse and encourage a life in which recovery is real and lasting.

This year's event was emceed by Harry Hairston, investigative reporter for NBC10/Telemundo 62. Following opening remarks from Commission Chair James Baker and DBHIDS Commissioner David T. Jones, Philadelphia Mayor James Kenney addressed the audience, expressing his gratitude for the work performed by DBHIDS and the volunteer engagement of the Mayor's Commission on Addiction and Recovery, which up until last month was known as the Mayor's Executive Commission on Drugs and Alcohol. The new name better speaks to the work of the Commission, Baker said during his remarks, adding that every person in the room can contribute to ensure that all Philadelphians have access to resources and treatment to help end addiction. The 2018 honorees were:

- **Treatment Provider: Akia Feggans** (Clinical Program Director, Philadelphia Fight TREE Intensive Outpatient Program)
- **Community Organization: Enon Tabernacle Baptist Church's Deliverance Ministry**
- **Community Person: Thomas J. Nestel III** (Chief, Southeastern Pennsylvania Transportation Authority – SEPTA - Transit Police)

- **Service Innovation: Curtis Watkins** (Chief of Adult Services, Defenders Association of Philadelphia)
- **Special Recognition: Elvis Rosado** (Education and Community Outreach Coordinator, Prevention Point Philadelphia)

[View photos from the dinner now.](#)

---

## **So Long, Farewell: DBHIDS Says Goodbye to Dr. Lawrence Real and Brian Hegarty**

After three years as our Chief Medical Officer, **Dr. Lawrence “Larry” Real’s** last day at DBHIDS was Friday, June 8. In his time here, Dr. Real provided clinical oversight for our entire treatment system and made valuable contributions to the objectives of our shared mission, including our evidence-based practice initiatives (EPIC); the ongoing Behavioral Health and Justice-Related Services (BHJRS)-led projects for re-integrating people with mental illness and forensic involvement from Norristown State Hospital back into our community; and the procuring and implementation of the new Child Crisis Continuum of services.

Dr. Real will be returning to his roots in community psychiatry, serving a dual role as the Medical Director of Horizon House, Inc., and as Director of the University of Pennsylvania’s Community Psychiatry Fellowship. He will also play a key role in the development of the new community psychiatry track within Penn’s psychiatric residency program. In light of Dr. Real’s departure, please contact [Sandy Vasko](#) with questions about our Acute Services work and [Dr. Jill Bowen](#) with questions about Health Promotion and EPIC.

This week also marks the end of Website Content **Editor Brian Hegarty’s** tenure with DBHIDS. In his two years with our department, Hegarty has been a go-to person for all things website and led the work to redesign our site earlier this year, making it more contemporary and user-friendly. Brian has accepted a role with a local advertising agency. His last day is Thursday, June 14. We wish him the best in his new position. Any questions related to the website can be directed to [DBHIDS Communications](#).

---

## **Show Us What You Got: 2018 Recovery Walk T-Shirt Design Contest**

It's that time of year again! As we start planning for the **2018 Recovery Walk**, we're looking for staff to play a role by helping with the design of the Recovery Walk T-Shirt! Your design should prominently feature the DBHIDS name and include the OBH, IDS, and CBH units. The final design will be in one color and may be amended to meet DBHIDS branding guidelines.

The winner of the T-shirt Design Contest will win a free 2018 Recovery Walk T-Shirt and a Visa gift card! If you would like to serve as a Recovery Walk Team Captain, please contact [Amanda David](#).

Submissions are due **Monday, June 18**, and may be submitted to any of the following team captains:

**701 Market Street**

Sharon Thrower-Hill

**123 Broad Street**

Shana Earland

Gwendolyn Fogle-Hodges

Reginald Trice

**520 N. Delaware Avenue**

Amy Federer

Yvette Kamimura-Jones

**1101 Market Street**

Sean Brinda

Stephanie Mack

**801 Market Street**

Maria Chaves

Ramon Cruz

Amanda David

Suja Mathew

Joann Mills-Johnson

---

**DBHIDS IN THE NEWS**

[Kensington Storefront workers facing the opioid crisis head-on: 'We need more help' from the city](#)

[Project SEARCH Helps High Schoolers on the Spectrum Prep for the Future](#)

---

**June is...**

[PRIDE Month](#)

[Alzheimer's and Brain Awareness Month](#)

[Men's Health Month](#)

[PTSD Awareness Month](#)

---

**Educating and Inspiring Men to Lead Healthier Lives**

June is National Men's Health Month and our Engaging Males of Color (EMOC) initiative, along with First Person Arts, is hosting two impactful **BEyond Expectations** events where storytellers will share their struggles and how they are overcoming them.

**BEyond Expectations: Stories of Overcoming during the Opioid Crisis** presents true stories from people who are and have been affected by the opioid crisis in America. "Opioid," the eighth program in the BEyond Expectations series, is directed by Mike Durkin.

**BEyond Expectations: Stories of Recovery** features true stories from people who are traveling down the road to recovery. "Recovery" is the ninth program in the amazing Beyond Expectations series! This event, directed by Eugene Haynes, will feature Shawn Anderson, Jose Ferran, David Maldonado and Gabriel Nyantaky.

**BEyond Expectations: Stories of Overcoming During the Opioid Crisis**  
**Thursday, June 21, 2018**

**BEyond Expectations: Stories of Recovery**  
**Thursday, June 28, 2018**  
6:30 p.m. - 8:30 p.m.

6:30 p.m. - 8:30 p.m.  
Congreso de Latinos Unidos, 216 W  
Somerset St, Philadelphia, PA 19133  
[Register now!](#)

PRO-ACT, 1701 Lehigh Avenue,  
Philadelphia, PA 19132  
[Register now!](#)

For more information on the EMOC initiative, contact EMOC Coordinator [Gabriel Bryant](#).

---

## UPCOMING EVENTS

### **Understanding Implementation of Evidence-Based Practices**

Wednesday, June 13

12:00 – 1:30 p.m.

Community Behavioral Health

801 Market Street, 11th Floor, Room 1154A, Phila., PA 19107

Bring your Lunch and Learn while Dr. Beidas shares results from her five year study! She will be sharing her study findings which explore implementation of evidence-based practice for youth in Philadelphia. She will share what she has learned from surveying and interviewing 500+ therapists and administrators serving the youth of Philadelphia including successes and challenges. She will conclude by highlighting future directions to continue the innovative work conducted in our system. For more information, [click here](#).

### **disAbility Pride Parade**

Saturday, June 16

10:00 a.m. – 4:00 p.m.

525 Arch Street, Phila., PA 19107

Disability Pride Parade starts with opening ceremonies at The National Constitution Center, parading down Market Street, and converging on Philadelphia City Hall for live performances, speeches by Charles Horton, executive director of the Mayor's Commission for People with Disabilities, Philadelphia Councilman Derek Green, and other dignitaries. There will also be sponsored tables and children's activities. For more information, [click here](#) or call 267-788-5946.

### **Opioid Town Hall Meeting**

Wednesday, June 20

5:30 p.m.

Mother of Divine Grace Church

2918 East Thompson Street, Phila., PA 19134

Join the Mayor's Commission on Addiction and Recovery and the Department of Behavioral Health and Intellectual disAbility Services for a town hall meeting. Please come out to learn more about the City of Philadelphia's work on addressing the opioid crisis. This is a free event, but [registration is encouraged](#). Refreshments will be served.

### **Naloxone (Narcan) Overdose & Rescue Training**

Wednesday, June 20

10:00 a.m. – 12:00 p.m.

## Community Behavioral Health

801 Market Street, 7th Floor Large Conference Room, Phila., PA 19107

Join the Philadelphia Department of Behavioral Health and Intellectual disAbility Services for an informative session and training to become an ambassador for overdose prevention methods. Adults and high school students are invited to learn harm-reduction approaches, high-risk behaviors, protocols for administering overdose prevention medication, the Good Samaritan Act 139, and Pennsylvania's Standing Order for Naloxone. For more information contact DBHIDS Narcan Training Coordinator [Pam McClenton](#).

## Rock the Runway IDS Fashion Show For All

Thursday, June 21

11:00 a.m. – 12:00 p.m.

Community Behavioral Health

801 Market Street, 11th Floor, Room 1154A, Phila., PA 19107

The Department of Behavioral Health and Intellectual disAbility Services' second annual **Rock the Runway IDS Fashion Show For All** will showcase models with intellectual disAbilities while generating awareness and promoting inclusion. By participating in the show, individuals are given opportunities to socialize, develop friendships, and stay active in the community. For more information, contact [Tammy Carter](#) or call 215-685-4661. To register [click here](#).



To have information about your area included in the June 2018 issue of At Your Best: DBHIDS News, please email us by **Wednesday, June 27**. If you have questions about this publication or ideas for future issues, please contact [Monica Lewis-Wilborn](#) at 215-685-5475.

Need help planning and promoting an event/awareness day? [Start Here](#). To request a Recovery Advocate's assistance, [click here](#).

Take a behavioral health screening, register for Mental Health First Aid training or invite DBHIDS to a community event at [HealthyMindsPhilly.org](#).

For DBHIDS resources, like brochures and our resource guide, visit [DBHIDS.org/contact/resources](#)  
[DBHIDS Team Highlights Archive](#)

