



## **Residential Treatment Facility for Adults (RTFA)**

### **PROGRAM DESCRIPTION**

Residential Treatment Facility for Adults (RTFA) provides residential treatment for individuals age 18 and older who have chronic and pervasive mental illness as well as co-occurring substance use and/or developmental disabilities. Services include individual and group therapy, life skills/independent living skills, vocational skills, recreational activities, medication management, case management, nursing support, and recovery management groups with the goal of increasing independence. The treatment team includes a psychiatrist, clinicians, case managers, behavioral specialists, mental health workers, and nurses. Typical length of treatment is individualized according to the individual's needs.

### **MEDICAL NECESSITY CRITERIA (OMHSAS-approved)**

#### **Admission Criteria (must meet all criteria):**

1. Individual must be 18 years or older.
2. Individual must have a primary diagnosis from the current DSM from a licensed psychologist or psychiatrist that causes significant functional and psychosocial impairment.
3. Above impairment must be reasonably expected to improve through treatment, recovery, and rehabilitation services.
4. The individual is at significant risk of continued need for a more restrictive level of care, such as acute inpatient psychiatric hospitalization, because of their current clinical presentation and concerns about their ability to live safely in the community.
5. A comprehensive biopsychosocial evaluation/re-evaluation (CBE/CBR) by a licensed psychiatrist or licensed psychologist recommends diversion from a higher level of care without risk of harm to self or others.
6. The individual is able to reasonably participate in the RTFA program including adhere to program guidelines, accept the level of supervision provided, and engage in treatment. If an individual refuses to participate in treatment but is otherwise willing to cooperate with program guidelines and supervision, engagement in treatment must be addressed as a treatment goal.

#### **Continued Stay Criteria (must meet all criteria):**

1. The individual continues to show significant functional impairment due to a mental illness.
2. The individual continues to meet all admission criteria.
3. Available community resources and social supports are not adequate to meet effectively the needs of the individual regarding personal safety for self and others, active participation in treatment, supervision, recovery, and rehabilitation.

#### **Discharge Criteria (must meet the first criteria OR all of the last three criteria):**

1. The individual's current clinical presentation and/or level of functioning presents a danger of harm to self or others and meets criteria for admission to acute inpatient psychiatric services.

OR

2. The symptoms, functional and psychosocial impairment, and coexisting conditions, which required treatment in an RTFA, have been reduced such that the individual can continue recovery in a less restrictive level of care.
3. The individual does not pose a risk of harm to self or others.
4. A discharge plan based on recovery principles and including a crisis plan has been developed and shared with the individual's supports in the community.