



ADULT Mobile Psychiatric Rehabilitation Services (MPRS)

PROGRAM DESCRIPTION

Mobile Psychiatric Rehabilitation Services (MPRS) are voluntary, community-based, face-to-face therapeutic services. They are intended to help individuals with mental health and co-occurring challenges develop the skills necessary to live fulfilling, productive lives in the community. The individual receiving the service is the primary contributor in the planning, development, and management of their goals and supporting activities. The role of the provider agency is to collaborate with both the individual participating in services - and their other supports – to identify goals, develop skills necessary to achieve these goals, and obtain supports required to maintain these skills. MPRS staff must spend a majority of their time working with individuals outside of the home setting to promote the transfer of new skills into the natural environment.

MPRS cannot occur simultaneously with other Medicaid-reimbursable behavioral health services, with the exception of service coordination or linkage meetings. Services are provided individually in the community on a one staff to one individual ratio (1:1), unless a group service is deemed appropriate to the individual's goals.

MEDICAL NECESSITY CRITERIA (OMHSAS-approved)

To be eligible to receive MPRS, an individual must meet ALL of the following criteria:

- Be 18 years of age or older
- Have a written recommendation for MPRS by a licensed practitioner of the healing arts (LPHA) within the scope of professional practice. The term LPHA is limited to a physician, physician's assistant, certified registered nurse practitioner, and licensed psychologist.
- Have a current behavioral health diagnosis of a serious mental illness, including schizophrenia, major mood disorder, psychotic disorder, schizoaffective disorder, or borderline personality disorder.
- Have moderate to severe challenges in functioning in at least one of the following domains as a result of their behavioral health challenge(s): living, learning, working or socializing.
- The person chooses to participate in the service.

Exception: Individuals who do not meet the serious mental illness diagnosis requirement may receive services when the following conditions are met:

- The written recommendation of the LPHA includes a diagnosis of mental illness that is listed on in the DSM-5 or ICD-9 or subsequent revisions. (For example, posttraumatic stress disorder).
- The written recommendation of the LPHA includes a description of the functional impairment resulting from the mental illness described above.