



**Community Behavioral Health: Provider Notification  
Evidence Based Practice (EBP) Enhanced Rate Pilot for Outpatient DBT, PCIT, PE  
and TF-CBT  
October 6, 2017**

Evidence-based practices (EBPs) are specific treatment models, techniques, or programs that have been shown, through research, to improve outcomes. DBHIDS and CBH have supported the implementation of EBPs within the Philadelphia behavioral health network through training initiatives and implementation supports. The sustainability of these practices requires ongoing investments from provider agencies. In addition to initial training and consultation, EBPs require specific materials (e.g. copyrighted measures, manuals, and space requirements), developing and maintaining referral streams, screening and case assignment processes, preparation for sessions, EBP specific activities and staffing, maintaining EBP documentation, ongoing supervision to the model and quality assurance strategies to ensure fidelity is being maintained.

In recognition of the time and resource investment from clinical and administrative staff to sustain both accessibility and high quality of EBP programs, CBH is piloting an enhanced rate for select outpatient EBPs: Dialectical Behavior Therapy (DBT), Parent Child Interaction Therapy (PCIT), Prolonged Exposure (PE), and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). These EBPs were selected because they have been supported through DBHIDS training initiatives, have specific diagnostic and treatment targets, and have structured training and service delivery that align well with monitoring.

Agencies that receive the EBP Enhanced rate are expected to develop strategies to direct financial incentives to the clinicians delivering the EBP. Enhancing staff compensation and retention of EBP-skilled staff is a key strategy for EBP sustainability.

**Eligibility for Rate**

The EBP rate will be made available to providers who demonstrate current capacity and a commitment to sustaining the EBP within their outpatient program through 1) intensive initial training and consultation in the model, 2) delivery of all components of the EBP and processes to identify and engage individuals who would benefit from the EBP and 3) quality assurance strategies including documentation, supervision, use of quality assurance tools, and outcome measurement specific to the EBP.

Currently, outpatient providers who are participating in and are meeting all training, consultation, and implementation expectations of DBHIDS / CBH EBP training initiatives are eligible for the rate.

DBHIDS will be launching a formal application and designation process for EBP Programs in November 2017. Once the DBHIDS EBP Program Designation process has opened, outpatient providers who are not participating in DBHIDS training initiatives but meet criteria for the EPIC EBP Program Designation for these EBPs (DBT, PCIT, PE and TF-CBT) will also be eligible for the rate. The EBP Program Designation must be updated annually to maintain the rate.

Please direct questions regarding this Notification to [epic\\_dbhids@phila.gov](mailto:epic_dbhids@phila.gov).