POPULATION HEALTH APPROACH

Overview

By applying a population health approach, DBHIDS is taking a much broader view, seeking to improve the health status of all Philadelphians, not just those who experience stigma as a result of their intellectual disAbility and/or behavioral health challenge.

Population Health Approach

Within a population health approach, each tier has a specific goal. Resources are directed at providing effective care for those who are diagnosed, mitigating risk with early intervention services for those who are at risk, and keeping people healthy. Within our system of care, treatment and supports coordination are viewed as one of many resources needed for successful integration into the community.

Social Determinants of Health Framework

Poor health and health disparities do not result from medical causes alone. In fact, environment and lifestyle factors have seven times more impact on overall population wellness than health care (see pie chart below). A population health approach seeks to address these factors to reduce health disparities and safeguard everyone’s right to optimal health and self-determination.
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**Conceptual Principles**

1. Working upstream (Earlier Intervention)
2. Broad set of strategies
3. Working with both at risk & health populations
4. Deliver health promotion interventions
5. Working in non-treatment settings
6. Health activation approaches and empowering others
7. Working at the community level of analysis

**Population Health at DBHIDS**

By providing excellent clinical care as well as community-level interventions and services, a population health approach helps to create a community in which every member—not just those who seek out behavioral health or intellectual disAbility services—can thrive.