

Beck Community Initiative (Cognitive Therapy) IOP RFA Questions and Answers

1. What will the schedule be for the intensive workshops for the training at Penn?

The 22-hour workshop takes place in four or five weekly meetings held over one month. Selected agencies will collaboratively determine the specific dates (to begin in November) at the Kick-Off Meeting in October. The workshop series is held at the Penn 3535 Market Street location in Philadelphia.

2. Can the intensive workshops be onsite at the agency rather than at University of Pennsylvania?

The workshop series is held at the Penn 3535 Market Street location in Philadelphia in order to maximize time focused solely on CT training. Holding the training at Penn allows for the greatest likelihood of undistracted training time.

3. When will consultation occur?

Selected agencies will collaboratively determine the specific time for consultation once workshops have been completed.

4. Can a single individual apply for the CT training opportunity through the RFA?

Unfortunately, no. DBHIDS is supporting the development of evidence-based practice programs which are key to the successful implementation and sustainability of EBPs, including CT. Executive leadership, supervisors, and clinicians are all expected to be engaged and play a role in the integration of CT in the IOP. It is important that the decision makers at the program level make the decision to apply for the RFA and help to sustain the initiative.

5. The RFA identifies Adult Drug and Alcohol Intensive Outpatient Programs as the target population. Can the initiative be implemented with an Adolescent IOP?

Yes. RFA applications should reflect consideration of training and implementation of CT in adolescent IOP.

6. The RFA indicates 6-8 core clinical participants in CT. Can counselors come from more than one IOP within an agency?

Yes, clinicians can be based at more than one IOP location; however, agencies should strongly consider building clinician skill and CT programming in one location before expanding into multiple locations. If this is not possible, applications should clearly explain the rationale for including staff from more than one location, consideration as to how skill and programming will be maintained at each location, and opportunities for integration across locations.

Executive Leadership will work to ensure the implementation and sustained delivery of CT, identifying specific roles and responsibilities among all staff to manage CT implementation. The agency should determine the appropriate Executive Leader to support implementation across

multiple locations. Training and implementation details will be determined collaboratively with the Beck Community Initiative.

7. The RFA indicates 6-8 core clinical participants should be identified. Can an agency apply with 4 “super motivated” clinicians, including a supervisor?

Please give the rationale for selecting 4 clinicians in your RFA application. The Beck Community Initiative also uses the Kick-Off Meeting to generate motivation and enthusiasm among clinicians and staff that may not have originally expressed interest in the initiative. Additionally, the supervisor would be expected to participate in the entire training/consultation plan and actively meet with individuals (or groups) to implement CT given the small team size.