Note: Please refer to Adult Nicotine Withdrawal Clinical Practice Guideline for additional information.

Nicotine Patch: _____mg. Remove old patch and apply new patch daily.

Nicotine Gum: _____mg. Chew and “park” in cheek for 15-30 minutes every 1 hour prn (dosage range 9-24 pieces/day) to avoid withdrawal.

Nicotine Lozenge: _____mg. Use 1 lozenge every 1 hour PRN (max dose 5 lozenges in 6 hrs or 20 lozenges in 24 hrs) to avoid withdrawal symptoms.

Bupropion SR 150 mg PO daily for 3 days, then increase to 150mg PO twice daily. (May use in conjunction with NRT)

Do not use if your patient has a history of a seizure disorder, or increased risk of seizures, h/o anorexia/bulemia, or is taking an MAO inhibitor.

Varenicline (Chantix) 0.5 mg PO daily on days 1-3, then 0.5 mg PO twice daily on days 4-7, then 1 mg PO twice daily starting on day 8 (dosage adjustment necessary with severe renal impairment). May use in conjunction with NRT (avoid nicotine patch due to high risk of nausea) during first week of treatment.

Other

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>MEDICATION ORDERS ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Note: Please refer to Adult Nicotine Withdrawal Clinical Practice Guideline for additional information.</td>
</tr>
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<td>Nicotine Patch: _____mg. Remove old patch and apply new patch daily.</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Nicotine Lozenge: _____mg. Use 1 lozenge every 1 hour PRN (max dose 5 lozenges in 6 hrs or 20 lozenges in 24 hrs) to avoid withdrawal symptoms.</td>
</tr>
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<td></td>
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<td>Bupropion SR 150 mg PO daily for 3 days, then increase to 150mg PO twice daily. (May use in conjunction with NRT)</td>
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<td>Varenicline (Chantix) 0.5 mg PO daily on days 1-3, then 0.5 mg PO twice daily on days 4-7, then 1 mg PO twice daily starting on day 8 (dosage adjustment necessary with severe renal impairment). May use in conjunction with NRT (avoid nicotine patch due to high risk of nausea) during first week of treatment.</td>
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</table>

**DOSING GUIDELINES:**

Nicotine Patch:

- <10 cigarettes a day - 7mg patch
- 10-19 cigarettes a day or < 1 can/pouch smokeless per week - 14 mg patch
- 20-30 cigarettes a day or 1 can/pouch smokeless tobacco per week - 21 mg patch
- For heavy users (over 30 cigarettes a day or over 1 can/pouch per week consider adding a prn gum or lozenge to avoid withdrawal symptoms.

Nicotine Gum:

- <24 cigarettes /day - 2mg gum
- > 24 cigarettes / day - 4mg gum

Nicotine Lozenge:

- <24 cigarettes /day - 2mg lozenge
- > 24 cigarettes / day - 4mg lozenge

Signature of MD/DO/NP/PA: ________________________ Printed Name: __________________________________ Pager: __________

Signature of RN: ____________________________ Printed Name: __________________________________ Date: ____________ Time: __________

Prohibited Abbreviations: U, qd, qod, IU, .1 (write 0.1), 1.0 (write 1), MS, MSO4, MgSO4, μg, AS, AD, AU, OS, OD, OU, tiw

UMASS MEMORIAL MEDICAL CENTER

PHYSICIAN’S ORDERS

NICOTINE DEPENDENCE TREATMENT

**ADMIT TO/CHANGE ATTENDING TO:** ____________________________________________________________________________ Pager: __________

Resident: __________________________________ (First) (Last) Pager: __________

Overnight coverage: __________________________________________ Pager: __________

House Staff Coverage: ☐ Yes ☐ No (uncovered)

**ALL OTHER ORDERS**

☐ Consult Tobacco Consultation Service (ext 44372)

☐ Pt. declines consultation with Tobacco Consultation Service.

☐ Bupropion SR 150 mg PO daily for 3 days, then increase to 150mg PO twice daily. (May use in conjunction with NRT)

☐ Varenicline (Chantix) 0.5 mg PO daily on days 1-3, then 0.5 mg PO twice daily on days 4-7, then 1 mg PO twice daily starting on day 8 (dosage adjustment necessary with severe renal impairment). May use in conjunction with NRT (avoid nicotine patch due to high risk of nausea) during first week of treatment.

☐ Other

**PRINT CLEARLY IN INK OR IMPRINT WITH PATIENT’S CARD**
### Patient Care Orders

**Non-Categorized Patient Care Orders**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Initials</th>
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<tbody>
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</table>

- [ ] Tobacco Cessation Counseling
  
  ONCE, For 1 Occurrence, For patients motivated to make a quit attempt.

- [ ] Education based on patient's stage of readiness ("Tobacco Use Assessment")
  
  ONCE, For 1 Occurrence

**Medication - Tobacco Abstinence**

#### Regimen #1 - Nicotine Gum

**NOTE:** Order alone or in addition to any other regimen

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<tbody>
<tr>
<td>[ ] nicotine (NICORETTE) gum</td>
<td>4 mg, Oral, EVERY 1 HOUR PRN, nicotine replacement Chew and park. Maximum 24 pieces/day.</td>
</tr>
</tbody>
</table>

#### Regimen #2 - Nicotine Patch for Patients Smoking Less Than 10 Cigarettes/Day

**NOTE:** Order all if ordering from this group

<p>| | |</p>
<table>
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<tbody>
<tr>
<td>[ ] nicotine (NICOTROL) 24hr patch</td>
<td>14 mg, Transdermal, EVERY 24 HOURS For 28 Days Apply to upper body or upper outer arm for nicotine replacement</td>
</tr>
<tr>
<td>[ ] nicotine (NICOTROL) 24hr patch</td>
<td>7 mg, Transdermal, EVERY 24 HOURS Starting 28 Days After Initial Dose For 28 Days Apply to upper body or upper outer arm for nicotine replacement</td>
</tr>
</tbody>
</table>

#### Regimen #3 - Nicotine Patch for Patients Smoking 10 or More Cigarettes/Day

**NOTE:** Order all if ordering from this group

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<tbody>
<tr>
<td>[ ] nicotine (NICOTROL) 24hr patch</td>
<td>21 mg, Transdermal, EVERY 24 HOURS For 28 Days Apply to upper body or upper outer arm for nicotine replacement</td>
</tr>
<tr>
<td>[ ] nicotine (NICOTROL) 24hr patch</td>
<td>14 mg, Transdermal, EVERY 24 HOURS Starting 28 Days After Initial Dose For 14 Days Apply to upper body or upper outer arm for nicotine replacement</td>
</tr>
<tr>
<td>[ ] nicotine (NICOTROL) 24hr patch</td>
<td>7 mg, Transdermal, EVERY 24 HOURS Starting 42 Days After Initial Dose For 14 Days Apply to upper body or upper outer arm for nicotine replacement</td>
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<tr>
<td>Date</td>
<td>Time</td>
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**Regimen #4 - Non-Nicotine Agent - Varenicline**  
*NOTE: Order all if ordering from this group*

- [ ] varenicline (CHANTIX) tab 0.5 mg, Oral, 1 X DAILY For 3 Days
- [ ] varenicline (CHANTIX) tab 0.5 mg, Oral, 2 X DAILY (AT MEALTIME)  
  Starting 3 Days After Initial Dose For 4 Days
- [ ] varenicline (CHANTIX) tab 1 mg, Oral, 2 X DAILY (AT MEALTIME)  
  Starting 7 Days After Initial Dose For 77 Days

**Regimen #5 - Non-Nicotine Agent - Bupropion**  
*NOTE: Order all if ordering from this group*

- [ ] bupropion (WELLBUTRIN SR) 12hr ER tab 150 mg, Oral, 1 X DAILY For 3 Days
- [ ] bupropion (WELLBUTRIN SR) 12hr ER tab 150 mg, Oral, 2 X DAILY (AT MEALTIME)  
  Starting 3 Days After Initial Dose For 81 Days

**Consults**

- [ ] Consult Learning Center (Inpatient)  
  Type of Education: Tobacco Cessation  
  Reason for Consult: Tobacco Dependence

- [ ] Consult Cardiac Rehab/Preventive Cardiology (Inpatient)  
  Type of Education: Tobacco Cessation  
  Reason for Consult: Smoking cessation counseling

MD Signature:_________________________ Date:__________ Time:__________ Pager#:__________

**Transcriber Key**

<table>
<thead>
<tr>
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