

USEFUL INTERNET RESOURCES

www.dbhids.org - The homepage of IDS! Find registration and service information, news, upcoming events and more.

www.philly.networkofcare.org - Empower yourself! Service and supports for intellectual disAbilities, behavioral health, or addictions. Find advocacy and support groups, track legislation and news, and register your opinion on city, state and national issues. Create a personal folder!

https://www.hcsis.state.pa.us - HCSIS is the Commonwealth's Home and Community Services Information System. Individuals, families and circles of support can search the Services and Supports Directory to find services and providers in PA, and other information.

www.dpw.state.pa.us - PA Department of Public Welfare; links and information on a variety of programs.

www.collegeofdirectsupport.com/pa - A web-based curriculum for individuals, family members and staff who support people with disabilities.

www.phillyfunguide.com - Links to recreation, cultural programs and events.

www.bestbuddiespennsylvania.org - The mission of Best Buddies PA is to enhance the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment.

www.phillysos.org - crisis response site with access to over 3,000 organizations listed by category and zip code.

www.phillyfreecycle.org - Volunteer run website for its members that posts things needed and things available to members. Postings are free!

RECREATION

"It's Fun to Have Fun in Southeastern PA" – Produced by Vision for Equality, this book assists people with disabilities and their caregivers in finding activities throughout the southeast region. Visit gardens, nature centers, museums, stables, zoos and art galleries. Many places listed are free and accessible. Available free on their website www.visionforequality.org, or bound copies can be purchased by calling 215-923-3349.

CAMPS

As in other aspects of planning for an individual's supports and services, the process for planning for camp should begin with the Supports Coordinator. For those receiving services through the Waiver (P/FDSW or Consolidated), only those camps listed in the DPW Services and Supports Directory (SSD) are eligible for reimbursement. If a camp isn't listed in the SSD, ask the camp director to contact your SCO to find out how the camp might become a Qualified Provider. Here are some resources for finding the camp that is right for you:

Philadelphia Department of Recreation – Cultural, sports and other camps, including day camps, at 150 sites throughout Philadelphia. For more information call 215-683-3650; www.phila.gov/recreation and click on camps.

American Camping Association – Their accreditation means the camp has been reviewed for the quality of the camp experience as well as standards of health, safety and hiring practices. Free lists of regional camps and other information. 215-886-5385; www.aca-camps.org

CampParents.org – Camps and other camp resources, for families. www.campparents.org. For overnight camps - National Camp Association, 1-800-966-CAMP; www.summertimecamp.org

ARTS & MUSIC

Kardon Institute for Arts Therapy - Provider of creative arts therapies for individuals with disabilities and for the agencies that support them. 215-637-2077, 10700 Knights Rd., www.kardoninstitute.org

Academy of Community Music – Individual music therapy and adapted private lessons. Their mission is to serve people facing challenges including cognitive disabilities, and developing human promise through music. 215-223-3020, 601 Bethlehem Pike, Fort Washington, www.academyofcommunitymusic.org

Oasis – An arts and education program of Resources for Human Development offering classes, open studios and creative interaction, empowering people to realize their creative potential, improve quality of life and gain skills. 948 N. 8th Street, 215-629-0100, www.oasisartcenter.org

TRAINING

Networks for Training and Development - For over 20 years, Networks has designed and delivered relevant, practical, and innovative training, technical assistance, and service demonstration to help people with disabilities have more fulfilling inclusive lives. 610-935-6624; www.networksfortraining.org (See Section VI.)

The Partnership (PA Training Partnership for People with Disabilities and Families), a program of Temple University's Institute on Disabilities (Sec. VI), offers coordinated, consistent training and technical assistance across PA. Created and provided by people with disabilities and families, The Partnership offers power, knowledge, and assistance to citizens eager to contribute to their communities. www.thetrainingpartnership.org; 1-866-865-6170 TTY 215-204-1356.

TRANSPORTATION

SEPTA understands the critical role of public transit in making independence and mobility possible. They are dedicated to making it easier for customers to use fixed route and paratransit services. For Customer Service: www.septa.org or call 215-580-7800, or write to Customer Service Department, 1234 Market St., Phila., PA 19107.

SEPTA Customized Community Transportation (CCT) provides paratransit service – ‘CCT Connect’ – to individuals with disabilities and senior citizens. In addition, SEPTA’s bus fleet is