MANAGING CHANGE... SUCCESSFULLY

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*International Initiative for Mental Health Leadership (Vancouver, Canada)*
September 25, 2015
PRACTICE GUIDELINES for Recovery- and Resilience-Oriented Treatment

Mission:

• **Aligning concepts**: Changing how we think
• **Aligning practice**: Changing how we use language and practices at all levels; implementing values-based change
• **Aligning context**: Changing regulatory environment, policies and procedures, community support
WHAT DO WE KNOW?

1. Types and exposure to traumatic experiences are both **diverse & widespread**

2. Wide **range of effects and severity**

3. There are **multiple points and types of interventions** (from public education to prevention to treatment)

4. Communities and systems can **prevent, contribute to and mitigate** the impact of traumatic events
Becoming a Trauma-Informed City

How can a behavioral health system take a public health approach? 3 areas:
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Thank You

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