

Behavioral Health Screenings

Understanding your behavioral health is a key part of maintaining your overall health. Identifying signs and symptoms of behavioral health challenges, such as depression, anxiety, substance abuse, and other addictions, is an important first step.

Behavioral health screenings are quick, free, and anonymous and are available 24/7. Think of them as check-ups from the neck up!

After taking a screening, you will learn whether you or someone you care about might be experiencing symptoms of a behavioral health disorder. The screening tool is *not intended* to diagnose for any particular disorder. Instead, it will help you learn more about what kind of follow-up might be appropriate and will offer a variety of resources and referral information.

Screenings are available for:

Substance Use Disorders

Bipolar Disorder

Generalized Anxiety Disorder

Post-traumatic Stress Disorder

Depression
Alcohol Misuse

Eating Disorders

Adolescent Depression*

visit www.healthymindsphilly.org/screening

For more information contact: HealthyMindsPhilly@phila.gov 215.685.3755

"We felt
it was a great
way to engage the
community."

-Screening Partner







^{*}Adults take on behalf of a child they are concerned about