Evidence-based Practices in Philadelphia

Assertive Community Treatment
Child and Family Traumatic Stress Intervention
Child Parent Psychotherapy
Cognitive Behavioral Therapy
Dialectical Behavior Therapy
Ecosystemic Structural Family Therapy
Functional Family Therapy
Joint Planning Team
Multisystemic Therapy for Problem Sexual Behaviors
Parent Child Interaction Therapy
Prolonged Exposure
Trauma Focused Cognitive Behavioral Therapy

Learn more at DBHIDS.org/EPIC
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The Evidence-based Practice and Innovation Center (EPIC) at DBHIDS was established to advance system-wide efforts supporting the implementation, sustainability and accessibility of behavioral health evidence-based practices in Philadelphia.

DBHIDS recognizes that effective and innovative practices are an essential component of a resilience and recovery oriented behavioral health system. Until recently, many of these practices were only available in research settings. We are working to bridge this “research to practice gap” to ensure that all Philadelphians have access to the most effective treatments.

EVIDENCE-BASED PRACTICES

are one component of a larger system working to promotes recovery and resilience within our communities. They combine the best available research with clinical expertise in the context of an individual’s preferences, characteristics and culture to support meaningful outcomes.

EBPs are specific techniques, practices or programs that have been demonstrated “to work” through rigorous research studies. As the research evidence for different practices is still being developed, DBHIDS recognizes that there is a continuum of research evidence:

EPIC ACTIVITIES

- Providing education and resources
- Supporting DBHIDS EBP Initiatives
- Identifying key strategies for successful community implementation
- Aligning fiscal and operational policies to optimize practice impact

FOR MORE DETAILED INFORMATION
visit DBHIDS.org/EPIC
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