Evidence-based Practices in Philadelphia

Assertive Community Treatment

Child and Family Traumatic Stress Intervention

Child Parent Psychotherapy

Cognitive Behavioral Therapy

Dialectical Behavior Therapy

Ecosystemic Structural Family Therapy

Functional Family Therapy

Joint Planning Team

Multisystemic Therapy for Problem Sexual Behaviors

Parent Child Interaction Therapy

Prolonged Exposure

Trauma Focused Cognitive Behavioral Therapy

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The Evidence-based Practice and Innovation Center (EPIC) at DBHIDS was established to advance system-wide efforts supporting the implementation, sustainability and accessibility of behavioral health evidence-based practices in Philadelphia.

DBHIDS recognizes that effective and innovative practices are an essential component of a resilience and recovery oriented behavioral health system. Until recently, many of these practices were only available in research settings. We are working to bridge this "research to practice gap" to ensure that all Philadelphians have access to the most effective treatments.

EVIDENCE-BASED PRACTICES

are one component of a larger system working to promotes recovery and resilience within our communities. They combine the best available research with clinical expertise in the context of an individual's preferences, characteristics and culture to support meaningful outcomes.

EBPs are specific techniques, practices or programs that have been demonstrated "to work" through rigorous research studies. As the research evidence for different practices is still being developed, DBHIDS recognizes that there is a continuum of research evidence:

PROMISING PRACTICES ► EVIDENCE-SUPPORTED PRACTICES ► EVIDENCE-BASED PRACTICES

EPIC ACTIVITIES

Providing education and resources

Supporting DBHIDS EBP Initiatives

Identifying key strategies for successful community implementation

Aligning fiscal and operational policies to optimize practice impact

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FOR MORE DETAILED INFORMATION

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