

## Recovery Model

for people with mental illness and co-occurring disorders



**We Are** a coalition of providers, family members, individuals with lived experience and community members from Philadelphia County who work together to inform and improve behavioral health services by advocating the use of CSP principles and exemplary, recovery-oriented practices.

### Vision

Every person with behavioral health challenges will enjoy the highest quality of life. Quality of life consists of inclusion in community, easy access to and choice of holistic, comprehensive services and supports, and multiple opportunities to enhance personal growth and recovery.

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## The Philadelphia **COMMUNITY SUPPORT PROGRAM**

Provided by  
Office of Mental Health

*Recovery*  
*Choice*  
*Wellness*  
*Advocacy*



## What is Community Support Program?

A community support program is defined as an “organized network of caring and responsible people committed to assisting persons with long-term mental illness to meet their needs and develop their potential without being unnecessarily isolated or excluded from the community.”

The CSP concept includes the entire array of treatment, life support, and rehabilitation services needed to assist persons with severe, disabling mental illness to function at optimal levels within the community. Accordingly, the CSP concept delineates an array of essential components that are needed to provide adequate services and support.



## Who We Are.

We are an advisory group to the Philadelphia DBHIDS consisting of individuals with behavioral health challenges, relatives and support persons, educators, behavioral health professionals, and community advocates. Regarding the development of policies, procedures, programs and supports that will affect the quality of the service provided to individuals with behavioral health challenges.

## Principles to Believe in

### CONSUMER-CENTERED/CONSUMER-EMPOWERED

Services are based upon the needs of the person allowing consumers the greatest possible control over their own lives.

### CULTURALLY COMPETENT

Services are sensitive and responsive to racial, ethnic, religious and gender differences of consumers and families.

### MEET SPECIAL NEEDS

Services are designed to meet the needs of persons with mental illness who are also affected by such factors.

### COMMUNITY-BASED/NATURAL SUPPORTS

Services encourage consumers to use the natural supports in the community and integrate into all aspects of the community.

### FLEXIBLE

Services are designed to allow people to move within and around the system as needed.

### COORDINATED

Services and supports are planned in collaboration with consumers, families, advocates and professionals of every level of the system.

### ACCOUNTABLE

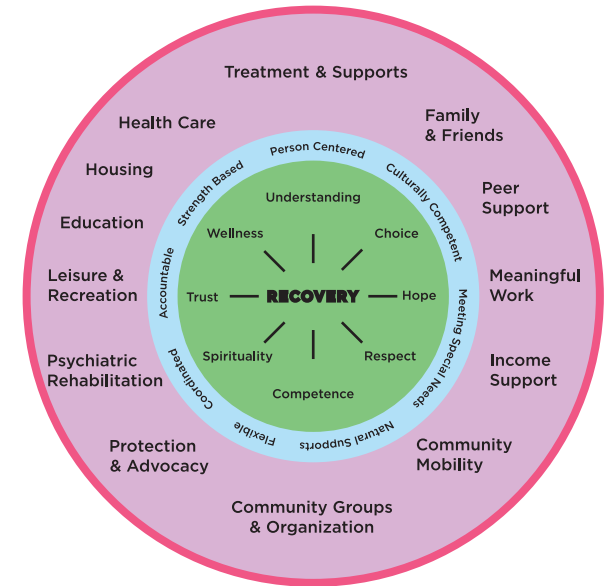
Services are accountable to consumers and families in planning, developing, implementing, monitoring, and evaluating services.

### STRENGTH-BASED

Services build upon the assets and strengths of the consumers to help maintain a sense of identity, dignity and self-esteem.

## A Recovery Model

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Persons with behavioral health challenges must be given first priority in the provision of treatment services and supports.

To learn more about mental illness, the Community Support Program, the Advisory Committee, or the Speakers' Bureau, please contact:

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