

Faith & Spiritual Affairs

80%
OF PEOPLE **COPE**
WITH MEDICAL SYMPTOMS
AND DAILY CHALLENGES
THROUGH **RELIGION**

1 IN 4 HAVE
FAMILY MEMBERS
STRUGGLING WITH
MENTAL HEALTH
CHALLENGES

A MAJORITY OF
INDIVIDUALS EXPERIENCING A
MENTAL HEALTH
CHALLENGE GO TO A
SPIRITUAL LEADER
FIRST FOR HELP **1st**

ABOUT FAITH & SPIRITUAL AFFAIRS



The vision of DBHIDS' Faith and Spiritual Affairs (FSA) Unit is to achieve optimal health and well-being for all faith and spiritual communities. FSA is dedicated to:

- enhancing understanding of behavioral health conditions,
- reducing the stigma associated with behavioral health challenges,
- promoting inclusion and connectedness in one's community, and
- aiding in the integration of spirituality into behavioral health care and treatment.

EDUCATION, INFORMATION & ENGAGEMENT



Using a population health approach, FSA partners and collaborates with faith and spiritual organizations, city agencies, providers, stakeholders, people of faith, and others to develop and implement ways to improve behavioral health and overall wellness within communities. Some of the ways FSA accomplishes this is by providing:

- Evidence-based trainings
- Educational workshops
- An annual conference
- Behavioral health resources and programs

CONNECT



DBHIDS.org/FSA



[DBHIDSFSA](https://www.facebook.com/DBHIDSFSA)



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ADVISORY BOARD



DBHIDS offers resources, services, and advocacy through a strong partnership with a network of healthcare providers to help people, whether they are uninsured or under-insured, lead a fulfilling life in a supportive community free of stigma.

We believe everyone has a right to realize their fullest potential to determine their own destiny within their community, fully recover from mental illness or addiction, and use strength and resilience to overcome adversity. For more information visit www.DBHIDS.org