

What's in this Issue

- Recent Events
- What's in the Works
- Providers Receiving Grants for EBPs in Philadelphia
- DBHIDS Funded EBP Initiatives Corner

Recent Events

EPIC Seminar Series featuring Dr. Torrey Creed - Making Your EBP Stick for the Long Haul

50+ providers and DBHIDS staff attended the Seminar Series on September 13th to hear Dr. Torrey Creed share key insights into what sustainability is, why it doesn't happen automatically, and how to make it more successful.



EPIC Seminar Series - Taking a Closer Look: Situating Philadelphia's Evidence-based Practice Work within the National Landscape

Experts in dissemination and implementation science from the University of Pennsylvania's Center for Mental Health Policy and Services Research (CMHPSR) presented on the national movement for evidence-based practice in behavioral healthcare, efforts underway in other cities and states, and how Philadelphia's work to implement EBP's fits in this national landscape.



Rinad Beidas, Ph.D., and her lab from CMHPSR with EPIC team, Ronnie Rubin, Ph.D. & Shawna Weaver, LCSW

Collaborative Case Conference - A multidisciplinary approach to delivering Cognitive Therapy presented by Friends Hospital in collaboration with Dr. Torrey Creed of the Beck Community Initiative



Dr. Torrey Creed and Friends Hospital staff highlight the Beck Community Initiative and their Inpatient Milieu work!

What's in the Works?

EBP E-Learning

EPIC will soon be launching an EBP 101 course through the new DBHIDS learning hub. This course will be geared toward individuals who are interested in learning more about EBPs, why the department is committed to this work, and what it means to deliver an EBP. This course will offer free CEUs.

Evidence-based Practice 101



Upcoming Events

Collaborative Case Conference – This series includes a theoretical overview by an expert, and a case demonstrating the use of the EBP delivered by a provider agency. 2017 dates to be announced!

- Stay Tuned for a February Case Conference featuring Ecosystemic Structural Family Therapy (ESFT) in BHRS services!

Providers Receiving Grants for EBPs in Philadelphia

One way to fund the training and implementation of EBPs is through foundation, research and government grants. Congratulations to the following providers who have received grants to fund EBP projects here in Philadelphia!



- **Child Guidance Resource Centers (CGRC)** received grant funding through the *Pennsylvania Commission on Crime and Delinquency* for **The Incredible Years Program** in their southwest Philadelphia outpatient program. This EBP is available to children ages 6-8 and their caregivers.
- **Children's Crisis Treatment Center (CCTC)** received grant funding through the *Pennsylvania Commission on Crime and Delinquency* for **Child Parent Psychotherapy (CPP)** in their trauma services department. This EBP is available for families and children ages 2-6 who have experienced trauma.
- **The Health Federation of Philadelphia** received grant funding through a *Regional Partnership grant from The Children's Bureau* to implement **Child Parent Psychotherapy (CPP)**. Philadelphia families, with children 0-5 years of age, that have been impacted by substance use disorders and

who are involved with child welfare are eligible. Contact [Una Majmudar](#) for more information.

- **The National Nurse-Led Care Consortium** received grant funding through the *Pennsylvania Office of Child Development and Early Learning (OCDEL)*, *HRSA Maternal, Infant and Early Childhood Home Visiting Program (MIECHV)*, and *private philanthropy* for the **Nurse-Family Partnership (NFP)** and **Parents As Teachers (PAT)** programs. These EBPs are available to low-income first-time mothers and their babies. NFP serves mothers and babies from birth to age 2, and PAT complements NFP by supporting families with young children from birth to age 5.
- **HorizonHouse, Inc.** received grant funding through a *Dartmouth University Implementation grant* for **InSHAPE** in their Project Health program. The Project Health program is the integrated care team at Horizon House and their primary care partner. This EBP is available to participants in 7 several behavioral health programs, 5 housing first teams and their Intellectual Disabilities division.
- **Intercommunity Action (Interact)** received grant funding through the *United Way of Southeastern Pennsylvania & New Jersey* for **The Coping Power Program**. This grant allowed Interact to implement the parenting program curriculum in 7 of their STS programs. This EBP is available to all parents in schools where Interact operates STS programs.
- **Wordsworth Community Umbrella Agency 10 (CUA 10)** received grant funding through the *Pennsylvania Commission on Crime and Delinquency and Children Trust Fund* for **The Positive Parenting Program (Triple P)** in their child welfare department. This EBP is available to all parents of children ages 0-16 years of age, and can be delivered in group format or in-home individually here in Philadelphia County.

DBHIDS Funded EBP Initiatives Corner

DBHIDS has sponsored several evidence-based practice (EBP) initiatives to increase the availability of evidence-based practices within the Philadelphia behavioral health system. Take a look below for some updates from our initiatives:



Beck Community Initiative (BCI)

Dr. Michael Williston and Dr. Sarah Frankel with staff from the Friends Hospital's Young Persons Unit celebrating the completion of intensive CT training!



Ecosystemic Structural Family Therapy (ESFT) Initiative

Dr. Marion Lindblad-Goldberg with the ESFT teams from Bethanna, Elwyn, NHS, CCTC & CFAR celebrating the conclusion of 3 years of intensive ESFT Training!

Prolonged Exposure (PE) Initiative

Expanded training in November for new clinicians & supervisors at existing PE agencies.



Parent Child Interaction Therapy (PCIT) Initiative

Hosted several PCIT info sessions to familiarize the local community with this important treatment option. PCIT training launches in December for 6 newly awarded PCIT Outpatient providers!

Check out the new [PCIT brochure](#) & [provider map](#)!

Dialectical Behavior Therapy (DBT) Initiative

A Request for Applications (RFA) was posted in November to expand DBT capacity in adult & adolescent outpatient and adolescent residential treatment providers.



Philadelphia Alliance for Child Trauma Services (PACTS)

PACTS has been awarded another 5 year Community Treatment Center (Category III) grant by SAMHSA.

PACTS II Reaching the Most Vulnerable Youth will focus on

the most vulnerable and underserved youth: young children (2-6 years old); Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) youth; Commercially Sexually Exploited Children (CSEC); and intentionally injured youth (IY).

Congratulations to the entire PACTS team!!!

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