

Evidence-based Practice and Innovation Center (EPIC)



EPIC NEWSLETTER

Fall 2016

Welcome to our very first EPIC Newsletter!
Take a look to see what we've been up to this
summer, and what's ahead this fall!

Recent Events

EPIC Open House: A Celebration of What Makes
Evidence-based Practices Work



Over 250 providers, community members, and DBHIDS staff attended the **Open House** on July 12th. This event included table displays from 30 providers showcasing the evidence-based practices (EBPs) being delivered in our network, as well as an awards ceremony where 21 EBP champions were recognized for their hard work and dedication in championing EBPs. The highlight of the day was when 3 guest speakers spoke about the impact that receiving an EBP has had on their lives.

- Bernice Devore – spoke about receiving Dialectical Behavior Therapy (DBT) and Prolonged Exposure (PE) at Project Transitions
- Jacqueline Gallagher – discussed her family's experience of receiving Applied Behavior Analysis (ABA) at EPIC Developmental Services
- Liam Spady – spoke about receiving Trauma Focused Cognitive Behavioral Therapy (TF-CBT) through the Philadelphia Alliance for Child Trauma Services (PACTS) at Hall Mercer. Liam is a member of the PACTS youth advisory board.

Evidence-based Practice Champions

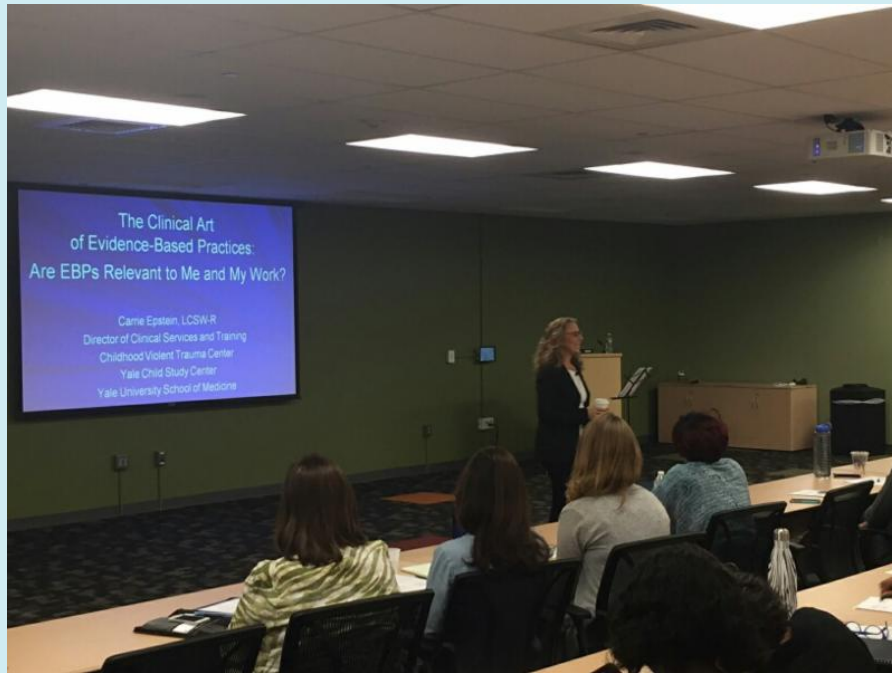


- **RICHARD ALLEN**, Devereux
- **OWEN CAMUSO**, RHD
- **LAUREN CLIGGITT**, Hall Mercer
- **BARBARA COHEN**, Horizon House
- **PAULA COY**, Wedge
- **TOM GODFREY**, PATH Inc.
- **LESLI HARPER**, Northern Children
- **SUSAN HUNT**, RHD
- **ALLANA JOYNER-STEPHENS**, CTT
- **ROSEMARIE KAMAL**, Intercommunity Action Inc.
- **KATE LARSEN**, PATH Inc.
- **KEN LEON**, Temple Episcopal
- **KARA MIFFLIN**, formerly of Intercommunity Action
- **TERRY MURPHY**, Project Transitions
- **HOLLI O'DONNELL**, Wordsworth
- **SARA RUSSELL**, CTT
- **PETER SIMONSSON**, JJPI
- **PETER VERNIG**, Friends Hospital
- **JORDAN WEISMAN**, formerly of Phila. Mental Health Center
- **JUSTIN WILLIAMS**, Wordsworth
- **ARTURO ZINNY**, DBHIDS

The event was described as a day filled with “hope and science” - special thanks to everyone who helped us fill the conference space with both!

EPIC Seminar Series featuring Carrie Epstein-The

Clinical Art of EBPs: Are EBPs Relevant to me and my Work?



Over 100+ providers and DBHIDS staff attended the Seminar Series on August 3rd to hear about how EBPs support clinical practice. Carrie shared her thoughts on: flexibility, culture, trauma and engagement within the context of EBP work.

This training was made possible through funding from **The Philadelphia Alliance for Child Trauma Services (PACTS). PACTS is a project led by the Department of Behavioral Health and Intellectual Disability Services (DBHIDS) and funded by the Substance Abuse and Mental Health Services Agency's (SAMHSA) [National Child Traumatic Stress Initiative \(NCTSN\)](http://www.nctsn.org). For more information visit: www.philadelphiafacts.org*

Upcoming Events

EPIC Seminar Series: Implementing EBPs in Community Behavioral Health Settings – These seminars occur monthly throughout 2016, and often offer CEU credits.

- [September 13th – Torrey Creed, PhD. - "Making your EBP Stick for the Long Haul"](#) (Click to Register)
- December 1st - Rinad Beidas, PhD. - "Taking a Closer Look: Situating Philadelphia's Evidence-based Practice Work within the National Landscape" *Registration TBA*

Collaborative Case Conference – This series includes a theoretical overview by an expert, and a case demonstrating the use of the EBP delivered by a provider agency. These occur quarterly from 10am-12pm.

- October 25th - A multidisciplinary approach to delivering Cognitive Therapy presented by Friends Hospital in collaboration with Dr. Torrey Creed of the Beck Community Initiative. *Registration TBA*

What's in the Works?

- EPIC is actively working on a framework that will make it easier to identify the EBPs available throughout Philadelphia. More info to come!
- EPIC is also working on the creation of informational videos via a new Learning Management System. More info to come!

Have a Question for EPIC?
Send us a tweet or email!
[@phillyepic](#)
epic_dbhids@phila.gov

Recent Philadelphia Publications from DBHIDS Research Partners

- Beidas, R.S., Adams, D., R., Kratz, H.E., Jackson, K., Berkowitz, S., Zinny, A., Cliggitt, L., DeWitt, K., Skriner, L., & Evans., A. (2016). Lessons learned while

building a trauma-informed public behavioral health system in the City of Philadelphia. *Evaluation and Program Planning*, 59, 21–32.

- Beidas, R. S., Marcus, S., Wolk, C. B., Powell, B.J., Aarons, G. A., Evans, A. C., Hurford, M., Hadley T., Adams, D., Walsh, L., Babbar, S., Barg, F., & Mandell, D. (2016). A prospective examination of clinician and supervisor turnover within the context of implementation of evidence-based practices in a publicly-funded mental health system. *Administration and Policy in Mental Health and Mental Health Services Research*, 43 (5), 640–649.
- Beidas, R. S., Stewart, R. E., Adams, D. R., Fernandez, T., Lustbader, S., Powell, B. J., Aarons, G. A., Hoagwood, K. E., Evans, A. C., Hurford, M. O., Rubin, R., Hadley, T., Mandell, D. S., Barg, F: (2015). A multi-level examination of Stakeholder perspectives of implementation of evidence-based practices in a large urban publicly-funded mental health system. *Administration and Policy in Mental Health and Mental Health Services Research*. doi:10.1007/s10488-015-0705-2
- Beidas, R. S., Stewart, R. E., Benjamin Wolk, C., Adams, D. R.1, Marcus, S., Evans, A., Jackson, K., Neimark, G., Erney, J., Rubin, R., Hurford, M., Hadley, T., Barg, F., & Mandell, D. (2016). Independent contractors in public mental health clinics: Implications for evidence-based practices and beyond. *Psychiatric Services*, 67 (7), 710-717.
- Creed, T., H. Waltman, S., A. Frankel, S., & A. Williston, M. (2016). School-based cognitive behavioral therapy: Current status and alternative approaches. *Current Psychiatry Reviews*, 12(1), 53–64.
- Powell, B., Beidas, R., Stewart, R., Wolk, C., Rubin, R., Matlin, S., Weaver, S., Hurford, M., Evans, A., Hadley, T., & Mandell, D. (2016). Applying the policy ecology framework to Philadelphia’s Behavioral Health Transformation Efforts. *Administration and Policy in Mental Health and Mental Health Services Research*. doi:10.1007/s10488-016-0733-6
- Rubin, R. M., Hurford, M. O., Hadley, T., Matlin, S., Weaver, S., & Evans, A. C. (2016). Synchronizing watches: The challenge of Aligning implementation science and public systems. *Administration and Policy in Mental Health and Mental Health Services Research*. doi:10.1007/s10488-016-0759-9
- Stewart, R. E., Adams, D. R., Mandell, D. S., Hadley, T. R., Evans, A. C., Rubin, R., Erney, J., Neimark, G., Hurford, M. O., & Beidas, R. S. (2016). The perfect storm: Collision of the business of mental health and the implementation of evidence-based practices. *Psychiatric Services*, 67(2), 159-161.
- Stirman, S. W., Matza, A., Gamarra, J., Toder, K., Xhezo, R., Evans, A. C., Hurford, M.O., Beck, A.T., Crits-Christoph, P., Creed, T.A. (2015). System-level influences on the sustainability of a cognitive therapy program in a community behavioral health network. *Psychiatric Services*, 66(7), 734–742.
- Stirman, S.W., Pontoski, K., Xhezo, R., Evans, A.C., Beck, A.T., Crits-Christoph,

P., & Creed, T.A. (2015). A non-randomized comparison of strategies for consultation in a community-academic training program to implement an evidence-based psychotherapy. *Administration and Policy in Mental Health Services and Mental Health Services Research*. doi: 10.1007/s10488-015-0700-7

- Wolk, C.B., Marcus, S. C., Weersing, R. V., Hawley, K. M., Evans, A.C., Hurford, M. O., & Beidas, R. S. (2016). Therapist- and client-level predictors of use of therapy techniques during implementation in a large public mental health system. *Psychiatric Services*, 67(5), 551–557.

Please reach out via email at epic_dbhids@phila.gov if you would like direct access to any of the above articles.

Research Partnerships

Melanie Harned, Ph.D., from the University of Washington selected several Philadelphia based behavioral health providers to take part in a research project to evaluate a treatment for PTSD among individuals receiving DBT.

- Community Treatment Teams, Project Transitions, Cohmar, & Carson Valley were all selected to participate in the study and completed training in the DBT/PE protocol. Way to go!



Melanie Harned, Ph.D., and Katie Korslund, Ph.D., with the DBT team from Project Transitions.

DBHIDS Funded EBP Initiatives Corner

DBHIDS has sponsored several evidence-based practice (EBP) initiatives to increase the availability of evidence-based practices within the Philadelphia behavioral health system. Take a look below for some updates from a few of our initiatives:

Beck Community Initiative (BCI): One of the biggest highlights this summer was the launch of the first annual Breakfast with Beck where Dr. Aaron Beck joined the celebration via skype!

- Congratulations to New Vitae & Gaudenzia for kicking off Recovery Oriented Cognitive Therapy (CT-R) training in their Residential Treatment Facilities! A special shout out goes to the new Recovery Center at Girard who is also receiving CT-R training.
- Congratulations to NET, Wedge, and the Consortium who were recently awarded the Intensive Outpatient RFA for CT training.
- BCI also embarked on a unique organizational approach to CT training across multiple programs and levels of care at Gaudenzia's Spring Garden location. Kudos to them!

Dialectical Behavior Therapy (DBT) Initiative: Is hosting a DBT Jumpstart training via Treatment Implementation Collaborative (TIC) in September. This training will support many of our current DBT providers in increasing their capacity, but will also be open to the public.

Parent Child Interaction Therapy (PCIT) Initiative: Is a newly launched DBHIDS initiative that will continue to grow PCIT capacity throughout Philadelphia!

- Congratulations to: APM, Bethanna, CGRC, NET, Interact & The Village for being awarded the recent Outpatient RFA for intensive PCIT training throughout 2016-2017.

Philadelphia Alliance for Child Trauma Services: Partnered with the Philadelphia Police Department to deliver training for over 100 members of their workforce! They also continued training in CFTSI & TF-CBT, and were able to sponsor a special TF-CBT in residential treatment facilities training series! [Take a look at the PACTS summer newsletter here.](#)

- Congratulations to CHOP VIP, Healing Hurt People and Jane Addams Place for completing training in the Child Family Traumatic Stress Intervention

(CFTSI).

- A special shout out to the members of the PACTS Youth Advisory Board who have accomplished several wonderful milestones over the last several months- two members graduated from high-school and another joined the US Military, his childhood dream. **Congratulations Liam, Deedee, Dani and Elias!!**



[Click here for more information about our DBHIDS EBP Initiatives](#)

[Twitter](#) | [Website](#) | [Email](#) | [Join our Mailing List](#)

