



transformation brief

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HOPE FOR THE HOMELESS

Journey of Hope, a recovery-oriented project for individuals experiencing prolonged homelessness, achieved an admirable success rate over the past several years.

The initiative provides long-term substance abuse residential treatment and solutions for individuals experiencing chronic homelessness.

DBHIDS Office of Addiction Services – in collaboration with the Office of Supportive Housing (OSH) – coordinates efforts to provide comprehensive substance abuse and co-occurring treatment services.

JOURNEY OF HOPE RESIDENCES

- RHD New Start I (a licensed halfway house)
- RHD New Start II
- Horizon House Susquehanna Park I
- Horizon House Susquehanna Park II
- NPHS Miracles In Progress
- WomanSpace Philadelphia

“We offer hope through choices and opportunities, with the objective of helping people live again,” said Tim Sheahan, Project Manager for Journey of Hope. *“The mission is to have a direct impact on reducing the number of street homeless in Philadelphia, while providing the necessary resources to begin a path towards recovery, wellness, and self-sufficiency.”*

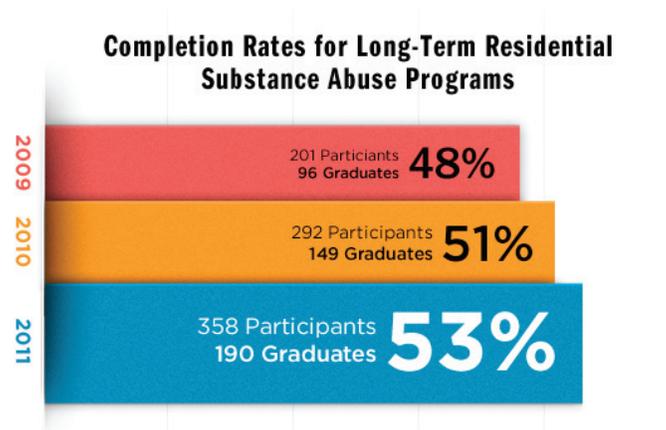
Referrals come primarily from two sources – street homeless outreach teams (such as Project HOME, Horizon House, Hall Mercer, Self, Inc., and MHA) and staff located within OSH shelters, DBHIDS safe havens, and winter cafes via Bethesda Project and Horizon House.

The Journey of Hope’s success is reflected in the numbers of graduates.

According to treatment episode data from the Substance Abuse and Mental Health Services Administration (SAMHSA), of the general population (any American of any income level, recovery

capital level, etc.), 39 percent of individuals who enter long-term residential substance abuse programs complete treatment.

By comparison, for the six Journey of Hope treatment programs in Philadelphia, the treatment completion rate increases to 48 percent, based on 2009 data. In 2010 and 2011, the treatment completion rate for the



Journey of Hope Project rose yet again to 51 and 53 percent, respectively.

All referred participants receive a substance abuse and nursing assessment at the Girard Behavioral Access Center and then move on to a variety of settings.

Local transitional, supported, and permanent housing programs, as well as behavioral health case management services, are used for participants upon discharge.

Connections to alumni groups and associations, recovery community centers, clinical services, peer mentoring, and ongoing follow-up are also used to help support long-term, sustained recovery. Graduates receive ongoing recovery support.

FY11 Expenditures: \$6.4 million
 FY12 Budgeted: \$9.4 million